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Thursday, September 22, 2016

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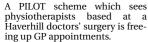




of property inside

New physio scheme frees up GP time

HANNAH **MIRSKY**y@HannahMirskyCN



ing up GP appointments.

The scheme, based at Haverhill's Clements Surgery in Greenfields Way, sees patients who come in with problems such as back or knee pain offered the option of seeing a physiotherapist instead of a GP.

There is a physiotherapist at the practice three days a week and patients are offered an appointment within the week.

The service, provided by physiotherapy organisation Allied Health Professionals (AHP) Suffolk, means that patients can be



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sent away with advice, referred to a physiotherapist at Haverhill Health Centre, or if necessary referred to a surgeon.

The aim of the six-month trial, which started in July, is to free up GP appointments, reduce the number of referrals to hospital, and reduce the cost of prescribing pain relief.

Between July 11 and August 26, the physios saw 92 patients, freeing up that number of GP appointments. It's estimated that 20 to 30 per cent of GP appointments are for musculoskeletal problems, and the scheme aims to have all of these seen by a

physio.

None of the patients seen by the physiotherapists needed to be referred to hospital. In the same period last year there were 48 referrals.

AHP Suffolk's lead physiotherapist for the Haverhill area Bradley Scanes said: "It's been going very well. It's saved GPs a lot of time."

He said that patient satisfaction surveys had revealed a "near perfect patient experience" and the score from family and friends was 100 per cent.

Whether the scheme has made a difference to the surgery's pharmaceutical costs will be determined by the West Suffolk Clinical Commissioning Group (CCG)

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The firm had to provide facts and figures about its growth with its entry.

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HEALTH

Obesity figures prompt action

HAVERHILL leaders are taking action after figures revealed that the town has the highest level of adult obesity in West Suffolk.

The numbers were revealed at the end of July by West Suffolk Councils as they worked to increase residents' physical activity.

Haverhill North was the council ward across West Suffolk with the highest proportion of obese adults - 29.6 per cent. The three other Haverhill wards were the second, third and joint fourth most obese.

The figures have prompted action on ways to help get residents moving.

Community partnership

HANNAH MIRSKY @HannahMirskyCN

ONE Haverhill's health task group is working on a way to signpost residents towards health services.

Chair of the partnership John Mayhew said: "It is a wake up call. I think it's an exciting opportunity for us to get some feet on the ground and do something about it.'

At a meeting of the partnership's board last Wednesday, Lois Wreathall, of the West Suffolk Clinical Commissioning group, who heads up the health task group, said: "We thought this would be a really good opportunity to map what's going on in Haverhill. There are 140 clubs, churches do things, everywhere you go there are people running things.'

She said the group were looking at whether they could deliver that "map" via Suffolk County Council's infolink, or whether to create a separate online directory.

Town councillor Betty McLatchy, who is a member of the task group, also has plans to set up "Ziggy Zumba" exercise classes for children around the town. She said she hoped it would be a way of getting mothers as well as children active.

Call her on (01440) 714 338

Physio scheme 'is the way forward

From front page

when the pilot ends in February.

A spokesperson for the CCG said: "The aim is to make it easier for people to get specialist advice to help them and works along with other initiatives which support people to get the most appropriate help and advice for their condition."

Town councillor Betty McLatchy fundraises to improve healthcare in the town with the Haverwell Community Wellbeing Fund. She said about the physiotherapy scheme: "It's the way forward. The National Health Service won't survive unless we help it."

If the CCG judges that the pilot, which is also running at the Guildhall Surgery in Bury St Edmunds, was successful, it will be rolled out at GP practices across the

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Elderly man taken to hospital after accident with taxi

A MAN in his 80s was taken to hospital with head injuries after being in a collision with a taxi on Tuesday evening.

Police and the ambulance service

were called to Peas Hill, just off Haverhill's market square, at around 5.45pm.

The ambulance service sent an ambulance, a rapid response vehicle

and an East Anglian Air Ambulance medical car to the scene.

Paramedics treated the man, who was a pedestrian, before taking him to Addenbrooke's in Cambridge.

Police said the man's injuries did not appear to be life-changing or life threatening

threatening.
They are still investigating how the accident happened.

'Allo 'Allo actress stars in panto

ENTERTAINMENT

A STAR of classic comedy 'Allo 'Allo is set to appear in Havehill's Christmas pantomime.

Sue Hodge, best known for her role as waitress Mimi LaBonq in the sitcom, will be taking to the stage in this year's production of Robin Hood.

The actress has starred in over 30 pantos during her career, but only recently took on the role of the Nurse.

She said: "When it was suggested, I jumped at the chance, as it will be a new challenge and great fun.

challenge and great fun.

"Robin Hood is a wonderfully traditional pantomime with a fabulous story line.

"I'm told the original story is nearly 500 years old, so a bit like my jokes!

"Mimi will have a wonderful time flirting with both Robin Hood and The Sheriff of Nottingham. I wonder which one

she will end up with!?"
Sue will be joined by Rikki
Chamberlain, who plays ITV
children's character Captain
Jack, and Lloyd Notice, who
starred in The Lion King in
London's West End.

Tickets are already selling for the Christmas panto, which runs from December 20 to 30. To book call (01440) 714 140.

Cyclists set out for a challenge

AROUND 75 cyclists turned out for a sportive in Haverhill on Sunday.

Setting off from Aerocycles in Falconer Road, the cyclists could choose to take on one of four different routes. These ranged from a 15-mile pedal suitable for families to a 100-mile trip aimed at elite cyclists.

Oliver Bearton, one of the sportive's two organisers, said: "It went really well, we had really good feedback,"

The event was raising money for the Haverhill Cycling Club and the club's new youth branch, which helps schoolage children get confident on their bikes.

Mr Bearton said the cycling club did not yet have the exact figure raised.



PRISON

Jail criticised in death report

A REPORT has criticised a prison's procedures after an inmate hanged himself.

The man, identified by the Prison Service as David Smith, died on May 24, 2014, after harming himself at HMP Highpoint in Stradishall the previous night. The Prison and Probation

Ombudsman (PPO) report reveals that prison officers did not initiate suicide and self-harm procedures until late in the evening, despite the fact Mr Smith and his cellmate had asked what would happen if he swallowed a razor blade.

The report, which was published online on Monday, also reveals that Mr Smith's family were not informed of what had happened for hours. He hanged himself around 11.55pm and his mother was visited by police about it at 6.30am.

Mr Smith had been transferred to Highpoint from HMP Chelmsford on May 23, and had a history of self-harm.

When he arrived at Highpoint, a reception nurse HANNAH **MIRSKY J**@HannahMirskyCN

judged that he was not at risk of suicide. But the rest of his first night procedures were undertaken by a fellow prisoner, and no prison officer assessed his risk of suicide.

At around 8pm in the evening Mr Smith asked to speak to a peer support worker, but none was available. There was a two-hour delay before he was given a phone to call the Samaritans, and he was not able to use this in private.

Several times in the evening, he asked to be moved to a single cell, indicated that he might harm himself and he and his cellmate asked what would happen if he swallowed a razor blade.

Prison officers told the inspector that they believed these incidents were ploys to get a single cell, or a test of the boundaries at a new prison.

It was only at 11.30pm, when Mr Smith said he had swallowed a razor blade,

that suicide prevention procedure was started. He was found hanged less than half an hour later.

Prison and Probation Ombudsman Nigel Newcomen wrote: "I am concerned that first night procedures at Highpoint were inadequate and staff should have reacted more effectively."

A spokesperson for the prison service said: "This is a tragic case and our thoughts are with the family and friends of David Smith.

"As a result of the Prisons and Probation Ombudsman's investigations, we have accepted all of the recommendations put forward.

"Safety in prisons is fundamental to the proper functioning of our justice system and a vital part of our reform plans."

The report was published after an inquest found "lack of compassion" contributed to Mr Smith's death.





Schoolboy set for gym finals

@HannahMirskyCN

A YOUNG gymnast from Haverhill has qualified to compete in a national competi-

Harry White, a 10-year-old Year Five stu-dent at New Cangle Primary, was ranked second in East Anglia in his age group at Ipswich heats on Sunday - qualifying him to compete in national finals in Birmin-mgham this November.

"He was really pleased," said his mum Gemma White. "Because he's been putting in extra hours he's been improving and progressing really quickly."

The dedicated youngster has already notched up around 20 medals, and spends 24 hours a week training – plus a further 10 hours travelling to his club in Colchester.

His dad Michael White said: "He's nearly doing a full-time job."

Harry trains five days a week, only taking a day off on a Thursday and Sunday. On Tuesdays, he leaves school at 10.30am to head to Colchester for training that lasts until 6pm.

But Michael says his son isn't tired even on a Tuesday evening.
"We've got pommels and parallel bars in

our front room. He comes home from a six

-hour training session and he does more. And the gymnast – who celebrated his 10th birthday yesterday – isn't stopping at

"He's aiming for the Olympics – that really is his ultimate goal," said Gemma. "He's very ambitious, he's very determined, he's very focused. He's got the right frame of

Harry started his gymnastics training aged just three-and-a-half.

Gemma said: "He was very strong – even at three he was climbing up the door

"I took him to the parent and toddler group and he was flipping off things and had no fear. It just went from there."

He trained at the Haverhill Gymnastics Club for years, but two years ago switched to his current club in Colchester as he would have a peer group and more facili-

Gemma said he showed no sign of slow-

ing down.
"He said he can't imagine not ever doing she said. "It's always been part of his



What do you think? Have your say on our website at cambridge-news.co.uk/



HIGHLY RATED: 10-year-old gymnast Harry White

CONSULTATION

Commuter opinion is sought

THE opinions of people who travel from Haverhill to Cambridge for work are needed for a consultation on conges-

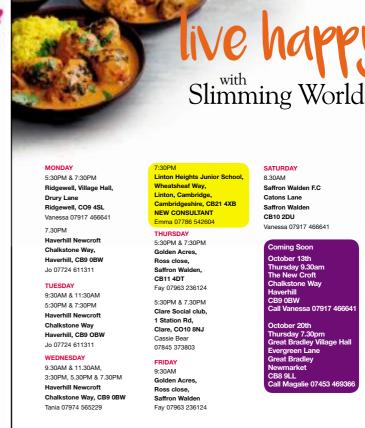
The Greater Cambridge City Deal, a partnership which aims to improve growth, has put forward plans to reduce peak-time gridlock. These include more bus services, traffic management and further investment in Park and Ride services.

City Deal chair Lewis Herbert said: "Thousands of people travel into Cambridge to work, study or enjoy the city. They contribute to the econ-omy and help make it the unique city that it is.

"Many either choose or have no option but to live outside Cambridge and to travel by car and we want to give people more choice in how they commute by making it nicer, quicker and even cheaper to travel using other means of transport. Congestion is a major barrier to this, which is why plans to reduce it are bold ones.

To have your say, go to gccity.co.uk/congestion, email city.deal@cambridgeshire. gov.uk or book a call on (01223) 699 906.









Grants of up to £5,000 available

GRANTS of up to £5,000 are available for community projects in Haverhill.

This is the last tranche of a series of grants made available by community partnership ONE Haverhill.

Successful grant applicants will show that they are helping to deliver the priorities of ONE Haverhill: improving employability skills and wellbeing and reducing

crime and anti-social behaviour.

One such group was the Haverhill and District Family History Group, who used a ONE Haverhill grant to fund an oral history project about working life in the town, Haverhill at Work. Chair Brian Thompson

said: "I would recommend any group to apply for funding from ONE Haverhill Partnership as they have

been a tremendous help." Grant application forms can be downloaded from onehaverhill.co.uk/ community-grants and sent to ONE Haverhill Grants Scheme, Haverhill Town Council, Haverhill Arts Centre, High Street, Haverhill, Suffolk, CB9 8AR.

Or for an informal chat about your application, contact Nick Keeble on (01440) 712858.

COURT



'JUSTICE MISSED': Lauri Love could face three separate trials in the US over hacking allegations

Judge rules man can face US trial

A STRADISHALL man accused of hacking into US government computers is set to be extradited to Amer-

Lauri Love, 31, who has Asperger's syndrome, is accused of a series of cyberattacks on US government

agencies in 2012 and 2013. He is alleged to have stolen large amounts of data from bodies including the Federal Reserve, the Department of Defence, Nasa and the FBI.

The American govern-ment has been fighting to have him extradited to the US to face charges.

Love suffers from depression, anxiety, psychosis and suicidal thoughts, as well as asthma and severe eczema. His family have said that beHANNAH MIRSKY @HannahMirskyCN

ing extradited could lead to a mental breakdown.

On Friday at Westminster Crown Court in London, judge Nina Tempia ruled that Love, who lives in Stradishall with his parents, can be extradited.

She said: "I'm going to extradite Mr Love but what I mean by that is I'm going to send his case to the Secretary of State.

She added that the alleged hacker's rights to a private and family life under the European Convention on Human Rights were "clearly engaged", but she was "satisfied" the American authorities could meet his needs.

She said: "In balancing the factors for and against extra-dition I am satisfied that the very strong counter-balancing factors required to find extradition would be disproportionate are not found in this case."

Gasps were heard in court when Judge Tempia gave her verdict.

Wearing a purple sash as a belt, Love embraced friends and family after the result was announced.

"If you have come for justice then you have missed it," he told journalists in the courtroom afterwards.

His solicitor Karen Todner said outside the court that they would be lodging an appeal with the High Court. There is a 14-day window in which to do so.



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Your pictures

LAMPLIGHT LOCATION: This picture of the Anchor pub on the banks of the River Thames was sent in by Rowland Cole, of Robin Close, Haverhill

We love to see your pictures. Send them in JPEG format marked 'Your Pictures' to editorial@haverhillnews.co.uk. Please add your name, address and daytime telephone number, where you took the photo and, if possible, a picture of yourself! We reserve the right to reuse pictures at our discretion.

Hinkley move is a mistake

WELL yet another programme (Daily Politics on BBC2) gave a Labour MP a chance to have a go at Jeremy Corbyn rather than voice her opinions on the decision about

She accused Jeremy of not wanting to be the party in power, but merely wanting to have a go at capitalism. What a load of rubbish.

She said that if Jeremy is voted in by the people then many of the MPs opposing him should walk away, well I say "good riddance". He was voted in by the people and will hopefully be voted in yet again by the people. Those in the Labour party who cannot get behind him and give him their full support, which they should have been doing to date, should indeed resign and allow proper Labour voters to take their place and then do what they are supposed to

be doing now, and keep the Tories on their toes.

I wonder if these non-supporters of Corbyn who have been 'doing him down' have any idea at all what damage they have caused the true Labour party. They should walk away if necessary and find a party that they feel they CAN support.

I lived in Tony Blair's constituency when he was prime minister and he was certainly no MP; he appeared to care nothing about his constituents at all, a flaw that many MPs are guilty of. Perhaps they all need reminding who pays them and exactly what

they are being paid for.
As for Hinkley, well we will see, hopefully not to our cost. I do not like the idea at all and I am not in the minority. I do not think it will offer as many British jobs as it promises, I think it will be far more costly than we are being told, I think it is wrong to allow another country to be in charge of our nuclear power programme, and I think it is dangerous.

Saxmundham

Getting off to a healthy start

STARTING a new school year can be daunting for any child, and for children with Type 1 diabetes it can be even more worrying. Having to make sure they are supported when counting the carbohydrates in their food, as well as taking insulin to manage glucose levels would make anyone anxious on top of school work and exams.

Some children are still struggling to get care and support they need to help them manage their diabetes or other health condition and fully participate in school life, despite it being a legal requirement in England since September 2014. This could be putting the child's safety at risk as well as comprising their academic

This is why Diabetes UK has produced a raft of free support and education resources for parents and schools. This includes offering the Care in School Helpline to help concerned parents and hosting the Good Diabetes Care in School Award which exemplifies exactly what good care in schools looks like

School staff and parents in the East of England can visit our website to get free materials or contact our dedicated helpline with any school-related queries. Supported by our National Charity Partnership with Tesco, the Care in School Helpline is staffed by trained volunteers who can provide information about children's rights as well as emotional support for what is usually a stressful time for parents.

To find out what support we offer or to contact the Care in School Helpline, call 0345 123 2399 or visit diabetes.org.uk/care-in-school

Sharon Roberts **Diabetes UK East of England** Regional head

our Communit

GO ONLINE FOR MORE FROM OUR CORRESPONDENTS

Haverhill

On Saturday, September 24, Haverhill Silver Band will join St Edmundsbury Male Voice Choir for

St Edmunds. Founded in 1988, the choir has toured extensively both in the United Kingdom and Europe, performing a wide range of music from 1940's swing, Welsh hymns,

spirituals, folk to songs from musical theatre. The band's programme will feature music that it will also perform at the Bolsover Festival of Brass on October 2, where the band will present a 20-minute

erformance in competition with 12 other top bands from around the country. The concert at St Mary's Church, Bury St Edmunds, starts at 7.30pm with tickets available on the

Dogs to become 'caped crusaders' for charity



CHARITY WALK: Organiser Simon Edwards with his guide dog Parsley

A NEW fundraising event in Haverhill will allow the town's canine residents to put their best feet forward.

Dogs Unite is a charity walk in East Town Park raising money for national charity Guide Dogs.

Residents are invited to collect cash in sponsorship for their dogs rather than themselves. Pooches who participate will be celebrated as "heroes" and given a cape.

who participate will be celebrated as "heroes" and given a cape.

The event, on October 9, is taking place during Guide Dogs Week and marks the launch of a new Haverhill branch of Guide Dogs.

There will be three different routes for walkers and dogs, from a half-mile stroll on hard standing suitable for young children and those who need disabled access, to a four-mile walk to Sturmer.

There's also set to be refreshments, some guide dog puppies for residents to meet, and a stall selling Guide Dogs merchandise.

Organiser Simon Edwards, who is registered blind and has a guide dog himself, said he was hoping to attract between 50 and 100 people to the first event.

He has invited Haverhill's MP

HANNAH MIRSKY

Matthew Hancock and the town's mayor David Roach, as well as a number of other councillors.

The theme of this year's Guide Dogs week is "move it", in recognition of the way the dogs help people get out and moving.

Simon, who got his guide dog Parsley last year, said: "You don't understand what it's like to lose your vision, and people's generosity [to Guide Dogs] has given people with visual impairment a new start in life."

Dogs Unite is open to people who do not own a dog – simply raise sponsorship for yourself rather than your pet – but if you're more of an indoors person, Simon is already organising a charity night around Christmas or in the New Year.

To find out more about the Dogs Unite event, visit guidedogs. org.uk/dogs-unite/find-events/haverhill-dogs-unite

To get involved in the Haverhill branch, email Simon at simoned-wards06@aol.com

NEWS IN BRIEF

Chance to find yourself a bargain at table top sale

A TABLE top sale is being held at Haverhill Arts Centre on Saturday.

The sale will include face painting, crafts and charity stalls, as well as a stall run by town councillor Betty McLatchy promoting the Haverwell Community Wellbeing Fund.

The sale will run from 10am to 1pm and all are welcome.

It is the latest in a series of regular

It is the latest in a series of regular table top sales at the centre.

Bicycle stolen after thieves raid shed



POLICE are searching for this road bike, which was stolen from a garden shed in Haverhill's Falconers Close.

The theft took place between 4.30am and 7.30am on Saturday, September 17, when the shed in the rear garden had its door forced and this Carrera bicycle was stolen. Call Haverhill police on 101 if you saw anything.



Family Announcements

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Birthday Greetings

Happy 18th birthday



Ioshua Taylor

Happy 18th birthday Joshie Loads of love

Mum & Liam xxxx



Deaths

ALBON Vera

of Castle Camps; passed away peacefully at Arthur Rank House on Tuesday 13th September 2016, aged 83 years.

Dearly loved Wife to Billy, much loved Mum and an adored Nannie

Funeral service at Castle Camps Parish Church on Wednesday 28th September at 11.00am, followed by interment in the Churchvard.

Family flowers only please but if wished donations for Arthur Rank Hospice Charity may be sent c/o H. I. Paintin Ltd. 43 High Street, Linton, Cambridge, CB21 4HS.

ROBERTS Roy Anthony

Of Great Bradley

"A new star now shines bright in the sky".

Funeral Service at West Suffolk Crematorium on Wednesday 28th September at 1.30pm.

No flowers please by request, but if wished donations for

Suffolk



All faiths

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Funeral Services

Sadly passed on Monday 12th September 2016,

september 2016, aged 69.
A dearly loved son, dad and grandad who will be greatly missed by all his family and friends.
"A new star now

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A COUPLE have raised £1,200 for a dementia charity by walking from one side of the country to the other.

MADE IT: Ian and Steve Harris at the end of the

Haverhill residents Jan and Steve Harris completed the 192-mile coast-to-coast walk

They were raising money for Alzheimer's UK after Jan's parents' close friend Gordon Palmer – formerly the landlord of the Bull Pub in Haverhill – died after suffering from the disease for six years.

Jan and Steve met Gordon's widow Pat and Jan's father Trevor when they finished the 13-day trek at Robin Hood's Bay in North York-

Jan said: "It was absolutely an amazing experience. Seeing dad and Pat at the end was really the icing on the cake." She said the hardest day was spent as-

cending the 2,560 Kidsty Piǩe – and battling

50mph winds as they did so. While Steve had done some long hikes, this was the first time Jan had been trekking for

more than two days in a row.
"I did get two big blisters – going up the hills was quite painful at times," she said.

But she added that it was worth it for the unforgettable experience, as well as the £1,200 the couple have raised.

"We can't thank everyone enough for their support and messages on the way what kept us going," she continued.

There's still time to donate and help the

couple raise even more for the cause – just visit justgiving.com/fundraising/jansteveharriscoast2coast



Couple

trek 192

miles for

dementia

COAST TO COAST WALK

Phone boxes set to be ripped out

PHONE boxes in the Haverhill area are set to be taken away – despite one of them being used every other day.

Eight local phone booths feature on a list of 41 that BT wants to remove across West Suffolk.

Six of the boxes – in Stradishall, Wickhambrook and Kedington, and in Haverhill's Piperell Way, Hollands Road and Western Avenue – haven't been used at all in the last year.

But also scheduled for removal are a phone box in the town's Burton End that has been used 33 times in the last year, and one in Strasbourg Square that has been used 181 times – around once every two days.

One of the boxes up for removal in Acacia Avenue, Bury St Edmunds, was used 428 times in the last year.

A period of consultation on removing the phone boxes is under way and runs until October 4. If you'd like to comment on the removal of HANNAH MIRSKY

@HannahMirskyCN

any of these boxes, contact St Edmundsbury Borough Council's planning department on (01638) 719000 or (01284) 763233 or visit westsuffolk.gov.uk

Communities have been "adopting" disused phone boxes up and down the country, coming up with innovative ideas such as converting them into a minilibrary or an office.

But this option is not available for any of the phone boxes put up for removal in Haverhill, as they are not red "heritage" boxes.

Town councillor Betty McLatchy said: "The trouble is they all get vandalised and people can't use them.

"It's a difficult one because I know some people in emergencies would require one, but most people carry a mobile phone."

A spokesperson for BT

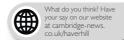
said the company had written to St Edmundsbury Borough Council about the removal of the boxes as part of an ongoing review of phone box usage.

He continued: "BT is committed to providing a public payphone service, but with usage declining by over 90 per cent in the last decade, we've continued to review and remove payphones which are no longer needed.

"In all instances where there's no other payphone within 400 metres, we'll ask for consent from the local authority to remove the payphone.

"Where we receive objections from the local authority, we won't remove the payphone."

A decision will be made by November 28.







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Kerry is face of new cancer drive

A HAVERHILL mum is fronting a breast cancer campaign after being diagnosed with the disease when she was 12 weeks pregnant.

Kerry Farrant, who lives in the town's Mill Hill, was 28 and expecting her second child when she was diagnosed in 2009.

During pregnancy, she had three rounds of chemotherapy and a mastectomy before giving birth at 34 weeks.

py and a mastectomy before giving birth at 34 weeks. She said: "At that point I knew I just had to fight for myself and for later – I already had a two-year-old daughter. It was just: "What do we do now?"

Her recovery went on for two years after Kerry's younger daughter Esmay, now 6, was born.

Her skin needed to heal after the mastectomy and 15 rounds of radiotherapy, and she had an expander put in which was slowly pumped up to create the shape of a breast

to create the shape of a breast. She's in the clear for now but there is a risk that the cancer could return.

"I still live with the fact of: 'Will it come back? Or when is it going to come back?'" she said. "One of the breast nurses said to me: 'You can't let this rule you, you've got to move on and be positive."

move on and be positive."

And a positive has come out of it: as a result of her experience being treated at Addenbrooke's in Cambridge, she decided to become a healthcare assistant there. She loves the job, and is hoping to start training as a nurse next year.

After her personal experiences with breast cancer, Kerry says she "jumped at the chance" to be the face of this year's Addenbrooke's Charitable Trust Breast Cancer Cam-

The campaign, which has been running since 2004, raises money each year for the Breast Unit at Addenbrooke's.

Breast Unit at Addenbrooke's. This year, they're hoping to raise £50,000 to buy a special X-ray specimen machine which will allow the unit to screen one more patient each day.

day.

The trust is encouraging residents to hold a fundraising tea party in October – and Kerry is planning one for 100 people at the New Croft in Haverhill's Chalkstone Way. It will take place on Sunday, October 23.

The £15 ticket price for Kerry's event includes tea, cake, scones and sandwiches.

Jo Elliott, of Addenbrooke's Charitable Trust, said: "We're delighted that Kerry agreed to be the face of the Addenbrooke's Breast Cancer Appeal this year."

To book a ticket, search "Kerry Stewart Farrant" on Facebook and send her a message.





SURVIVOR: Kerry Farrant was diagnosed with breast cancer when she was 12 weeks pregnant

Picture: Warren Gunn

CHARITY

'We need your old spectacles'

A RECYCLING scheme will send secondhand spectacles to under-privileged people overseas.

Optician Wardale Williams in Haverhill's Camps Road is collecting used glasses to send abroad – and is offering customers a discount when they hand them in.

Practice manager Emma Mobbs said: "The spectacles will be helping under-privileged people overseas who simply do not have access to health and eye care which many of us have come to take for granted in this country.

try.

"Most of the glasses returned are of a very high quality so they will really make a difference to the lives of so many people.

"All customers need to do to claim a discount is to return their old spectacles to us."

The specs will be handed to charity Lions International, which has been supporting eyecare projects since the 1970s. They will be sent to Afria, India and Eastern Europe.

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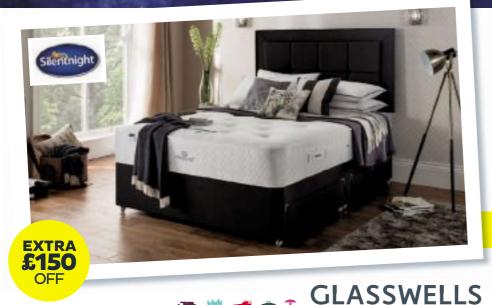
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New project to fund lorry park

HANNAH MIRSKY @HannahMirskyCN

A CAMPAIGN has been started to provide a lorry park for Haverhill.

The Chamber of Commerce says that as the town grows and the business park expands, a lorry park will be

Chairman Paul Donno said: "I think it's a necessity for the town. Especially the way it's going, there's more and more investment in the town, and there's going to be more and more traffic.

The chamber has set up a meeting to discuss the project and how to tackle the problem of lorries parking at the side of the road.

Mr Donno said at present. lorries caused problems for residents by drivers leaving their engines running into the small hours and going to the toilet around their vehicles as there were no facili-

Since the start of the year,



chairman Paul Donno

the chamber has been in talks with stakeholders including logistics company Culina, Suffolk Chamber of Commerce and St Ed-mundsbury Borough Council to discuss the possibility of a lorry park.

The project, for which no site has yet been found, will be discussed at the chamber's meeting on October 7, when members are hoping to get MP Matthew Hancock

on side.

Mr Donno said the biggest challenges were finding a source of funding for the project and to locate a site. He added: "In an ideal

world, I would prefer it to be slightly out of town to keep the main traffic out of town.

He explained that the problem was that lorry drivers had time slots within which they had to deliver goods, and if they missed these they could be left waiting for the next available slot without any facilities.

The plan for a lorry park also ties in to the chamber's other main infrastructure project, the delivery of dual carriageway A1307, as this would also improve problems relating to heavy traffic.

The A1307 campaign group is also holding a meeting on October 7.





New head's hopes for top primary

A NEW headteacher is hoping to maintain a primary school's "outstanding" status as it undergoes changes. Ros Towns moved to

Wickhambrook Primary Academy from Great Dunmow Primary School in Essex at the start of this

The school, which has an "outstanding" Ofsted rating, joined the Samuel Ward Academy Trust in July, and is in the process of doing away with mixed year group classes

Miss Towns said: "Wickhambrook is growing in numbers - as it moves into single form entry classes – and we want to keep the 'outstanding' status, so there will be plenty of exciting challenges ahead

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Four councils set up shared legal service

ST Edmundsbury Borough Council is joining with three other councils to create a combined legal service based in Bury St Edmunds and Mildenhall. Almost every council project has a

legal aspect and use of in-house staff reduces the need to spend on external legal providers.

The other councils involved are Forest Heath, Babergh and Mid Suffolk District Councils.

MP welcomes latest employment figures



MP for West Suffolk Matthew Hancock has welcomed the region's latest unemployment figures Just 633 people across West Suffolk are unemployed, representing 1.1 per cent of the economically active population.

This is compared to a national average of 2.4 per cent unemployment

New bistro on old hotel site to open next month



SNEAK PEEK: Daniel Pilley, James Pilley and Robin Pilley inside Nine Jars, which is set to open next month. **Picture: Keith Jones**

A NEW bistro is set to open in less than a month on a site that's been

derelict for three years. Nine Jars will be a new modern bistro serving coffee and sandwiches in the day and wine, cocktails and dinner in the evening.

The restaurant is opening on the site of the former Bell Hotel in Haverhill High Street, which shut down in November, 2013.

A plan to convert the building into flats was floated the following year, but never went ahead,

ing year, but never went anead, leaving the former hotel vacant. But in April this year broth-ers Robin and Daniel Pilley, who have run local businesses since 1996, started renovation work on the site.

The first phase of renovations has resulted in Nine Jars bistro. Robin Pilley said the company hoped that within a month of opening the restaurant it would be providing around 12 new jobs in the town.

The opening date has been set for Saturday, October 15. The dining area is already fully booked for that evening, but they will be accepting walk-ins in the lounge HANNAH MIRSKY

Food and drink menus have been released already.

Diners can expect meat dish-

es including pulled pork buns, chicken wings and burgers, as well as an extensive range of seafood and vegetarian dishes.

Beers on tap include Adnam's Ghost Ship ale and Jack Brand lager, as well as a Aspalls cider and a range of international beers.

During the day Nine Jars will be serving Illy coffee, with staff trained in the Centre of Excellence Barista Training.

The Pilley brothers are still working on further plans for the site, and hope to open a hotel in

the upstairs area in 2017.

Daniel Pilley said: "We are extremely excited about all of the plans for the former Bell Hotel site. Nine Jars is the first phase of a huge redevelopment project. In its own right the bistro will be creating a lot of employment opportunities but the development as a whole is set to create plenty

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Owned and managed by experienced local teacher Alison Midgley, Blois Meadow was judged 'outstanding' by Ofsted at its last inspection and, two years later, was one of just five finalists for the UK's 'Nursery of the Year'

"We work hard to make the nursery an extension of home, not just somewhere to drop off your children," says Alison Midgley. "We are large enough to be thoroughly professional, but small enough to get to know all our



FUN: Blois Meadow is in Steeple Bumpstead



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to provide quality care and early education linked to play."

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New parents registering before September 30 and quoting this offer will receive their first two weeks free. More information from bloismeadowdaynursery.com or call (01440) 730520



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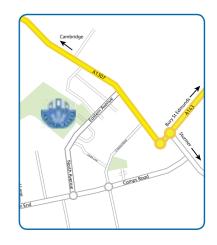
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Thursday 13th October 2016 6:00 - 8:00pm

Headteacher's address at 6:10pm

The students, staff and governors at Castle Manor Academy would like to invite you to their open evening on Thursday 13th October 2016 from 6:00pm to 8:00pm. Headteacher's address at 6:10pm in the Main Hall.

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Castle Manor Academy, Eastern Avenue, Haverhill, CB9 9JE

'Have-a'go' ethos is triumphant

ASK any parent at Barnardiston what their overriding impression of the School is and it is likely that they will answer 'the amazing family atmosphere' and 'the buzz of the children'.

Pupils display reassuring old-fashioned values of good manners and politeness along with what is described by the children as the 'Barnardiston Oomph!' I can confirm that this is exactly what it is - a real energy and enthusiasm to

ADVERTISING FEATURE

have a go at anything new, to work hard and play hard and to get the most out of everything the School has to offer.

Class sizes average 12 and a strong extra-curricular programme gives everyone the chance to try new activi-ties. From aged three, children enjoy Out and Abouts and giant sleepovers in their classrooms! They camp out, climb Ben Nevis and Snow-don, walk in the Derbyshire Dales and have day trips to Euro Disney and French markets. Flexi-boarding also gives working parents the opportunity for their child to stay overnight in the boarding house should they need additional childcare.

The full-size Astroturf provides an all-weather surface for children to play sport allyear round and, with 32 acres of grounds, there is plenty of space to play and explore. There is a strong fixture list and the School is also National Schools Orienteering Champions; it has also achieved both national and county honours in hockey and athletics.

There is a unique specialist learning centre – The Bridge – which provides both 1:1 and small group work. The School is registered by CReSTeD for the teaching of dyslexic pupils and an EFL Department.

All leavers go on to a variety of senior schools, both state and independent, with eight scholarships awarded last year, both academic and sporting. There are outstanding results for Reception-age children (4-5 years-old) – with 96% achieving or exceeding expected standards.

Fees at the Nursery and the School are highly competitive and, in October 2015, The Telegraph placed Barnard-iston as third in the country of 'Best Value Boarding Prep Schools'.

For more information, or to book a no-obligation visit, please telephone the Registrar, Mrs Lesley Gundersen on (01440) 786316. You will be given a very warm wel-



ENTHUSIASM: 96 per cent of pupils exceed expected standards



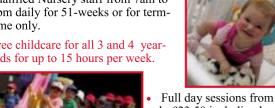
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MOIN

VERYONE who knows Ali Lusis is proud of her baking business. In less than two years, she's gone from scratch to constant sell-out; no mean achievement. But no one could be prouder than Arvids, her father-in-law.

A Latvian who came to the UK in the wake of the war – sent to a displaced persons camp in Scotland, to work as a farm labourer – it was Arvids that first made piragi, his homeland's signature bake, for Ali. He gave her the handwritten recipe. And thus he sowed the seed for Ali's Baltic Bakes, her now-hooming piragi husiness

signature bake, for Ali. He gave her the handwritten recipe. And thus he sowed the seed for Ali's Baltic Bakes, her now-booming piragi business. "He's an amazing man; he's 92 now," says Ali. "And he really couldn't be more proud. Every time I speak to him – he still lives up in Scotland – he wants to know how it's going, about any new fillings. . . He's very touched that I'm making a Latvian speciality; a family speciality. And he's so excited that it's a success!"

From her first farmers' market – in

From her first farmers' market – in St Ives, in the November of 2014 – Ali knew she was on to something: offering canapé-size piragi as tasters, her stall was soon mobbed. "I sold out. Completely. That made me think 'Hmm. This could really work'."

'Hmm. This could really work'."
Little half-moons of yeasted dough, enriched with egg yolks, butter and whole milk, piragi are usually filled with a spicy smoked bacon, onion and black pepper mix. While Ali makes the classic recipe, she's developed a whole menu of her own fillings too. Including smoked salmon, cream cheese and dill; mushroom, sour cream and dill; sauerkraut, smoked bacon and caraway; goat's cheese and caramelised onion; apricot, almond and brandy; raspberry and apple; rhubarb and orange, a thread of Baltic flavours runs through them all.

"I can still remember the first time I

"I can still remember the first time I ate piragi: I just thought they were the tastiest thing," remembers Ali. "Valdis, my husband, and I were at his parents' house and they'd made piragi as part of a tea, which is traditional. They were unlike anything I'd had before: the dough is so light, not at all greasy, and the filling was so full of flavour. That was 20 years ago, and I made my first batch not long after."

the dough is so light, not at all greasy, and the filling was so full of flavour. That was 20 years ago, and I made my first batch not long after."

Growing up in London, Ali was, she confesses, something of a slow starter in the kitchen. "My mum was a wonderful cake baker: our house was just round the corner from school, so all my friends used to stop off for a slice of coffee and walnut on their way home. But the only cooking my sister and I did was on a Friday night. Mum was a hairdresser and worked late on a Friday, so we'd reconstitute a packet curry – not great."

was a hairdresser and worked late on a Friday, so we'd reconstitute a packet curry – not great."

It was on leaving home that Ali discovered a love of – and flair for – cooking. Armed with an M&S recipe book, which she owns and uses to this day, she hosted endless dinner parties in her first flat. "Chicken Kiev was often on the menu. That dates me, doesn't it?"

Ali's background is in the corporate, rather than food and drink, world; the bulk of her working life has been spent as a PA and event organiser – the latter for massive motoring brands, such as Jaguar and Land Rover. Meeting Valdis at a conference at Gleneagles, Ali took a career break on having their son,

Latvia with love

Julius, now 15.

Cooking remained a hobby until two years ago when - having lost her parents in quick succession: their funerals were held within a month - the idea for Ali's Baltic Bakes came knocking.

"It was time to do something for myself. I wanted to go back to work, but I didn't want to go back into an office. Because I love cooking, a food business seemed a natural choice. But I knew I had to do something different, something other people weren't doing.

"Piragi aren't very well known in this country," Ali continues. "I love it when new customers walk up to the stall new customers walk up to the stall mouthing the signs to themselves, clearly thinking 'Whatever's this?'. Some people will say 'Oh, it's just a pasty' – which it's not: it's a bread, not a pastry, for a start. But others will be selling her Baltic Bakes at will be intrigued. And her Baltic Bakes at
Milton Country Park's
much-loved Autumn Festival
on Sunday, September 25,
10.30am-5pm. Promising fun
for all the family, the event
includes everything from
live music and craft stalls to
hovercraft rides on the lake
- see miltoncountrypark/
autumnfestival for full
details. once they've tried the piragi - well, I've never known anyone not to enjoy

"That's the loveliest thing of all: when customers come back time and again. I had a woman buy 36 the other day. I asked her if she was planning a party, but she said



LITTLE MIX: Alison Lusis is the brains beind Ali's Baltic Bakes - these piragi have been taking the Cambridge foodie scene by storm

'No, we just love them'. .

As well as ticking the 'different' and 'delicious' boxes, piragi are, explains Ali, ideal

for eating on the go. "They're neat and clean to hold, the filling doesn't all fall out when you bite into them - that's why the little ones are perfect as party canapés. Selling at St Ives Farmers' Market, festivals and food fairs, Ali is also part of Cambridge's two 'shop local' ordering services: both allow

customers to order from a host of onthe-doorstep, small-scale suppliers, then collect their whole shop at a designated and convenient time and place. Cambridge Food Assembly's collection point is in the centre of the city, at The

Tram Depot, the pub on Dover Street,

while the newly-launched Cambridge

Food Collective has a hub on Clifton

Road. Keeping up with demand can be a challenge. One unforgettable weekend saw Ali bake for both BuckFest, the Buckden music festival, and a wedding, which required 400 canapés: "I didn't sleep. At all. But I love what I'm doing, which helps.

Piragi aren't speedy to make. Each batch of dough has, explains Ali, to be "nurtured": this is the epitome of food

made with love. After an initial proving, the dough is knocked back, kneaded gently and then split into small balls, which are each rolled out, loaded with filling and then folded in half. "That's where the wine glass comes in: I use it to seal and cut the edges, creating that nice smooth curve," adds Ali. "It's all very hi-tech."

After a second proving, then baking for a precise 17 minutes, the piragi are good to go: incredibly easy-going, they can be eaten hot or cold and are happy to be frozen. Ali makes all the fillings from scratch, even curing her own salmon, and buys her ingredients as locally as possible: her flour comes from Stotfold Mill, just over the border in Bedfordshire; her goat's cheese comes from Hitchin's Wobbly Bottom Farm; her smoked bacon comes from Days of Buckden.

With Valdis and her yoga classmates as (very willing) guinea pigs, Ali's always working on new variations: Christmas will bring a stollen-themed piragi, filled with marzipan and rum-soaked fruit. "When I started this, I knew I'd enjoy

– but I had no idea how much," says Ali. "I'm a city girl really, but I love getting to spend so much time outdoors: when you're doing a market, you're out of the house at 6am. I don't even mind when it's

dark or cold, I just put my ear-muffs on! "I love meeting all the people, too. And, of course, I love making the piragi they're such great little things.

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DEBBIE, looking for LTR, hopefully to find my soul mate, I'm bubbly, caing and have a love of rock music looking for some nice times an someone with a GSOH. Tel No. 0906 515 4438 Box No: 424135

KATIE 35yrs, slender well educated brunette seeks no strings mutual pleasure with gent 40+ Must be discreet, married or single. ACA. Tel: creet, married or single. AC 0906 515 3000 Box 419673

NAOMI, 43, attractive fun loving female with lots of love to offer a genuine caring guy. Come on, lets share all the good things life has to offer together! Tel No: 0906 515 4438 Box No: 424085

JANE, young 41, very broadminded seeks chap any age for discreet no strings fun, any age, no time wasters ACA. Tel: No: 0906 515 3008 Box:

nute plus your phone con ny's access charge. Texts co

AMY 31yr old single mum, new to the area, looking to meet male companion to help make me settle in and feel special again, age/status unimportant. Tel No: 0906 515 4438 Box No:

KERRY, 35yrs, married in open relationship, attractive, tall, slim and very presentable. Seeks discreet gent any age for casual pleasurable encoun-ters. Tel: 0906 515 3040 Box 422363

ELLA, 46, slim confident brunette, tired of spending lonely nights alone, seeking honest, romantic male to enjoy nights out, hopefully leading to more. Tel No: 0906 515 4438 Box No: 424015

SOPHIA young 40yrs, married but bored, seeks discreet adult fun, any area, all calls answered. Tel: 0906 515 3016 Box: 413399

WLTM action man of any age for fun and games. Tel No: 0906 515 4438 Box No: 423899

EMILY, mature well educated lady, blonde and smart and broadminded seeks gent any age for no strings fun. ACA. Tel: 0906 515 3020 Box

LINDA, blonde green eyed lady with nice figure, likes gym, meals out, music, looking for male to enjoy fun times, status unimportant. Tel No: times, status unimportant. Tel No. 0906 515 4438 Box No: 423879

LORRAINE, attractive solvent brunette, 34yrs, own house/car witm gent any age, looks unimportant but must have GSOH. ACA. Tel: 0906 515 3028 Box 422415

SUSAN divorced female 44, OHAC, no ties, loves to keep fit and look good, WLTM mature guy to fall in love with. Tel No: 0906 515 4438 Box No: 423849 🗒

SUSIE. 36vrs. attractive, tall slim blonde seeks fifty shades of grey with discreet gent, must have a fun side looks unimportant. Tel: 0906 515 3036 Box 424045

YOUNG 22yr professional, outgoing, attractive blonde looking for a serio guy for country walks and maybe more. Text only Mailbox: 5531676

SUSIE, 42yrs loves life, educated, brunette, own home, works to hard and now wants some fun. If you are a kind gent 30+ then text me for a chat. Box: 4187170

SHEILA, beautiful lady, the colour of the sun, I am brown, I am looking for somebody caring, honest, loving, solvent, somebody who wants a serious relationship. Tel No: 0906 515 4438 Box No: 422689

DIANNA, petite blonde lady, 38yrs, divorced, no kids, wants to spice up her life with new male friends, 35+, might lead to more who knows but no strings. ACA. Box: 4027026

ANNA, 66, Irish, 5ft 2ins, shoulder length blondish hair, n/s, non-drinker, length blondish hair, n/s, non-drinker, looking for LTR. Tel No: 0906 515 4438 Box No: 423785

IRENE, looking for a financially stable man, with own house, who will kind and loving, and treat me like his Queen, in the Cambridge area. **Tel** No: 0906 515 4438 Box No: 423769

SASHA 33yr old fun loving attractive single mum looking for love with open-minded male seeking similar fun times without ties. Status unimportant. Tel No: 0906 515 4438 Box No: 423573

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THERESA, 44, green eyed single mum, very lonely, looking for loving companionship with male in similar situation, hopefully to become soul mates. Tel No: 0906 515 4438 Box No: 423601

No: 423601 ⊌ RUTH, 41, single mum fed up with child play, looking for adult relationship with attractive loving guy. Tel No: 0906 515 4438 Box No: 423629 €

CARRIE single 29yr old slim pretty Care Assistant, looking for a fun guy for nights in/out, good times, love and laughter. Give me a ring. Tel No: 0906 515 4438 Box No: 423489

FEMALE, kind, loving, honest, caring, no attachments to any other man, I am looking for a kind, loving, honest, caring male, somebody with no attachment to another woman, white and rich. Tel No: 1996 515 4438 Box No: 422469

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ied interests, looking for trustworthy male for companionship, maybe Tel No: 0906 515 4438 Box No: 423231

I am a white caring lady, a young 55, seeking a caring black man for meals out, pubs, walking out, or just cosy nights in. Text only Mailbox: 5518879

JANE, very attractive blonde, own house in lovely village, car etc, loves travel to sunny places, entertaining, exercise WLTM male with similar in-terests. Text only Mailbox: 5430085

CILLA, 40, tall blue eyed size 12 brunette, loves horses, country/beach walks, cosy nights in front of fire, good wine/food, WLTM similar male who appreciates my interests. Tel No: 0906 515 4438 Box No: 422009 🗒

KEEP DATING SIMPLE!

KATHY 40ish, passionate, outgoing, adventurous red haired lady looking for adventure, seeks tall good looking No: 423005

male

ROMANTIC Australian entrepreneur and theatre. Tel No: 0906 515 4438 Box No: 409191

JOHN, 42yrs sophisticated business man wanting a lady by his side to spoil and entertain. Looks unimportant but must have a super personality and kind manner. Box 4086072

4086072
WIDOWER, 73, GSOH, n/s, enjoys walking, restaurants and good company, hate being lonely, nobody to talk to, looking for a companion to share my life with. Tel No: 0906 515 4438 Box No: 423961 40YR old easy going guy, athletic and loves life is looking for some fun with a like-minded girl. Text only Mailbox: 5545609

STEVE seeks Connie from Dave

our number. Tel No: 0906 515 4438 Box No: 350411 CHRISTIAN male, 50, likes church,

music, travel, meals out, seeks 0906 515 4438 Box No: 370604

57YR old male, divorced, seeks mature female, 57-65 for fun and friendship. Tel No: 0906 515 4438 Box

adult fun. Tel No Box No: 379587

MALE 70's throwback, likes music, just complete college course, seks similar or younger in Northants. Tel No: 0906 515 4438 Box No: 398103 🗒

YOUNG 66-year-old attractive male would love to meet lovely lady for friendship, to enjoy meals out etc.

Text only Mailbox: 5536750

Box No: 422517

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MALE 44, WLTM lady/single mi for friendship, maybe more. Text only Mailbox: 5535244

67 year old widower looking for lady similar age, for friendship, maybe more. Text only Mailbox: 5514467

ATTRACTIVE open-minded male 57, seeks open-minded female any age or status to share adult times. Text only Mailbox: 5410860 MALE, attractive, tall, medium build and intelligent would like to meet genuine mature caring lady who wishes for a sincere relationship. Text only Mailbox: 5537519

WELL made broad male, 5ft 10ins. medium build, looking for some adult fun with lovely sexy lady for possible LTR. Text only Mailbox: 5321154

TERRY, 51, very kind male, enjoys cinema, eating out, live concerts, travel, WLTM loving lady, 38-55, for LTR. Tel No: 0906 515 4438 Box No: 423945 €

minute plus your phone cor pany's access charge. Texts co £1.50 per message received.

MALE 62 young looking, kind hearted, interests cooking, garden-ing, sport looking for LTR. Text only 4631948

DAVE genuine guy, 6ft, black hair, blue eyes, medium build, likes sports, gardening, music, seeks fe-male with GSOH and genuine. Tel No: 0906 515 4438 Box No: 388372

GEORGE 48, seeking mature female 50 to 80 for no strings adult fun. Text only Mailbox: 5525079

LANDSCAPE builder, fun, loving, kind, wrong side of 40, seeking female for concrete relationship, age/race/status unimportant. Tel No: 0906 515 4438 Box No: 421299

TALL male 31, black hair, blue eyes, seeks female for friendship, maybe more. Tel No: 0906 515 4438 Box No: 304387

RYAN, spontaneous, GSOH, tactile

gay

58YR old slim, Nortampton bi male, seeks similar bi/CD male for fun times. Tel No: 0906 515 4438 Box

50YR old bi male, seeks bi/CD for lots of fun and games. Tel No: 0906 lots of fun and games. Tel I 515 4438 Box No: 405835

ATTRACTIVE bi male, 60, seeks similar bi/CD for fun times. Tel No: 0906 515 4438 Box No: 406035

CD, very shy, 32, slim build, WLTM cd/tv for fun times together. Text only Mailbox: 5535552

60YR old bi male, looking for similar bi/CD male in Northampton area only for fun times. Tel No: 0906 515 4438 Box No: 406401 GAY feminine female, blue eyes, GSOH, WLTM caring fem female for friendship or LTR. No children . Text only Mailbox: 5448522

ATTRACTIVE full figure bi lady 57 seeking similar female for 50 shades

of fun! Text only to Mailbox No:

Friends

MELANIE 47 seeks straight female friends for nights out, pubs, clubs, concerts, etc. Text only mailbox no: 5345662



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CAROL, 38, slim gorgeous brunette with lots of interests looking to put some romance back into life, seeking willing male to spoil rotten and love. Tel No: 0906 515 4438 Box No: 423439 CAROLINE, slim attractive 40's fit fe-

423473

male. OHAC, divorced and ready to be romanced again, seeks similar minded male. Tel No: 0906 515 4438 Box No: 423301

BEV 32, 5ft, petite, very pretty, trendy with a great figure and big personality, loves animals, children and WLTM fun male to be my soul mate.

Tel No: 0906 515 4438 Box No:

ABI 40yr old very happily divorced female looking for similar male 35-50yrs to enjoy nights in romancing, chatting and making each other smile again. Tel No: 0906 515 4438 Box No: 423255 ₽ 55 year old female looking for friendship, meals out, coffee, chats, work

part time and carer for parent. Text

only Mailbox: 5517508

ATTRACTIVE energetic mature lady, looking for well-travelled, solvent companion for holidays, dining out and days away. Text only Mailbox: 5502846

BROWN eyed brummie female 65 smoker likes music, cinema. theatre smoker likes music, cinema, theatre meals out, WLTM male 66 - 73 for LTR. Text only Mailbox: 5501142

SINGLE tall blonde, 30yrs, bored of life's mundane routines looking for some discreet fun with likeminded man, any age/looks. Tel No: 0906 515 4438 Box No: 423089 🗒

BLACK, attractive cultured lady seeks white gentleman, age 40-60 for friendship first perhaps LTR later. Text only Mailbox: 5511784

CAROL, 44, brunette with plenty of spare time on her hands seeks special mature male for fun times together. Tel No: 0906 515 4438 Box No: 423057

SABINA, 35, outgoing attractive brunette, fit and carefree just looking for fun times without complications, maybe more later. Tel No: 0906 515 4438 Box No: 423003 🗒

CARING male, 48, many interests including music, films, meals out and holidays, WLTM loving, n/s lady, 39-54, for LTR. Tel No: 0906 515 4438

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Getting a head on the flat

IFE-SIZE painted horses will be joining the real deal at Newmarket Racecourses today, tomorrow and Saturday for the

Cambridgeshire meeting.
The Rowley Mile will be hosting three days of racing alongside a beer festival at the annual September meeting.

While horses race to the finish line on the

course, the Boulevard Marquee will be home to the off-track action

Live music and the best of brews from both the local area and further afield will be taking centre stage in the marquee for all three

The life-size painted horses were provided by Shadwell stud and have been decorated

by local Newmarket schools to celebrate the town's 350th anniversary.

Saturday is the most popular day of the festival, with free family entertainment also being provided in the form of a bouncy castle, fairground slide and facepainting.

The racing starts at 2pm today and Saturday and 1.55pm tomorrow.

Tickets start at £10 on Saturday for the family enclosure, and £14.40 for the grandstand and paddock enclosure or £22.50 for the premier enclosure on each of the

See newmarket.theiockevclub.co.uk/ events-tickets/the-cambridgeshire-meeting for details.

averhi **s**centre

Great entertainment at the heart of the community

Wednesday 28 September • 7.00pm Cymbeline RSC live broadcast

Wed 4 & Thurs 5 October • 4.00pm We're Going on a Bear Hunt

Saturday 8 October • 3.00pm, 7.00pm Sunday 9 October • 2.00pm Let's Dance Lisa Mason School of Dance

Wednesday 12 October • 7.00pm King Lear RSC live broadcast

Tuesday 18 October - Sat 22 Oct Fame, The Musical Centre Stage Company

Sunday 23 October • 8.00pm Seann Walsh

Monday 24 October • 7.30pm The Life and Music of Jim Reeves

Thursday 27 October • 11.30am The Musicians of Bremen Sea Legs Puppet Theatre

Wednesday 2 November • 8.00pm Peter Asher and Albert Lee

Absolutely Fabulous (15) uesday 27 October • 7.30pm Julieta (15) Thursday 29 October • 7.30pr



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the **GUIDE**

Latest **news** and **events** from

artscentre

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- Friday, September 23 Friday, September 30
- Stand-up Shappi Khorsandi (+ support) comes to the arts centre tomorrow with her show Oh My Country!, which is a love letter to her adopted land and covers everything from morris dancing to Morrissey. Her reputation for whip-crack jokes and a razor sharp wit have stood her in good stead in Haverhill as tickets have all but sold out. The arts centre may be able to release extra seats this week so enquire at the box office.
- There's a table top sale on Saturday morning. Get there at 10am to snap up a bargain

 There's a musical tribute to the
- music of Neil Sedaka and Howie Greenfield on Saturday, September 24, with Oh! Carol. From their humble beginnings in Brooklyn to the dizzying heights of their success in the 50s & 60s, the songwriting genius of Sedaka and Greenfield can be described as one of the most successful partnerships of all time. Together they were responsible for such hits as Calendar Cirl, Happy Birthday Sweet Sixteen, Breaking Up Is Hard To Do, Amarillo, Stupid Cupid, Laughter in the Rain and Oh! Carol - all of which you can
- hear on the night.

 The Royal Shakespeare Company will broadcast live one of Shakespeare's lesser performed romances, Cymbeline, on Wednesday, September 28, at 7pm. Gillian Bevan takes the eponymous role as an ineffectual Queen ruling over a divided Britain. Consumed with grief at the death of two of her children, Cymbeline's judgement is clouded and when Innogen, the only living heir, marries her sweetheart Posthumus in secret, an enraged Cymbeline banishes him.
- The Forbidden Nights boys return on Friday, September 30. Tickets sold out some time ago and judging from the full house, and the response of the audience last time they were at the arts centre, it isn't going to be a sedate night out.
- Jennifer Saunders and Joanna Lumley aka Patsy and Eds hit the screen with the bolly bottle firmly in their grasp with Absolutely Fabulous: The Movie (15) on Monday, September 26. After an attempt to schmooze





MUSICAL TRIBUTE: Oh Carol is being performed at the Haverhill Arts Centre on Saturday

Kate Moss goes spectacularly awry Eds and Pats beat a retreat to the French Riviera. There they have a fun-in-the-sun caper with lots of star cameos and Botox aplenty. There's a slight change of tone with Julieta (15) on Tuesday, September 27. This latest film from director Pedro Almodovar deals with the complex emotions between a mother and her estranged daughter and is based on one of Noble Prize winning Alice Munro's short stories. It is in Spanish with English subtitles. There's another shift in

tone, and a slight vowel shift in a key character's name, with the adaptation of Arthur Ransome's Swallows and Amazons (PG). The classic story of the Walker children and the Blackett girls and their Lake District adventures screens on Thursday, September 29,

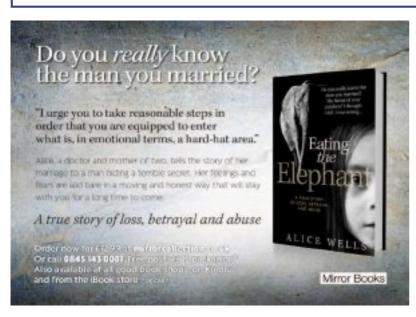
■ Coming up the arts centre has We're Going on a Bear Hunt (Wednesday and Thursday, October 5 & 6) a charming adaptation of the Michael Rosen poem by Little Angel Theatre which is perfect for pre-

schoolers. The Lisa Mason School of Dance perform Let's Dance on Saturday and Sunday, October 8 & 9, and The Royal Shakespeare Company screen a live broadcast of King Lear on Wednesday, 12 October 12.
■ LISTINGS

- Friday, September 23, 8pm Shappi
- Khorsandi (+ support). £15, £13 Saturday, September 24, 10am Table Top Sale
- Saturday, September 24, 7.30pm Oh! Carol, £15
- Monday, September 26, 7.30pm

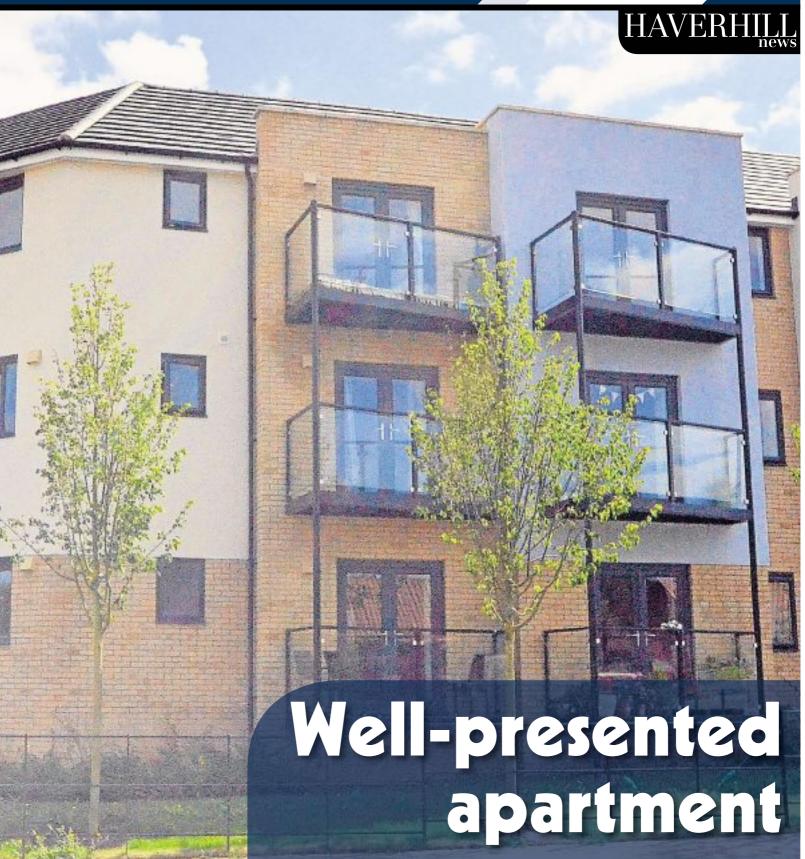
Absolutely Fabulous (15)

- Tuesday, September 27, 2pm Line
- Tuesday, September 27, 7.30pm Julieta (15)
- Wednesday, September 28, 7pm-Cymbeline ■ Thursday, September 29, 7.30pm-
- Swallows and Amazons (PG)
- Friday, September 30, 8pm Forbidden Nights
- For more details call (01440) 714140 or email boxoffice@haverhillartscentre.co.uk









Cover property

Fleming Way: £180,000

THIS well-presented second floor apartment in Fleming Way is on the market with a guide price of £180,000.

It has an entrance hall, a lounge with French doors to the balcony, a kitchen, a bedroom with en suite, a second bedroom and a bathroom.

There is allocated parking for one car, and a communal area on the ground floor with telephone entry system.

Call Bychoice on (01440) 768919 for more information.











Preview Property Services

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Charming two bed terraced house in the desirable village of Cavendish. Offering lounge, dining room, kitchen, two double bedrooms and bathroom. Front and rear gardens. No pets allowed. EPC band: F



Vetch Walk, Haverhill £750pcm

Three bed terraced house, newly redecorated and refurbished throughout. Good size lounge, modern kitchen/diner, downstairs cloakroom. Upstairs two double and one single bedrooms & family bathroom.

Enclosed rear garden. Gas central heating. EPC band: C

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Saffron Walden, Saffron Walden £820pcm

Modern split level maisonette. Separate main entrance leading to hallway with master bedroom and en-suite shower room, with a further bedroom. Stairs leading to spacious open plan living area with kitchen and lounge. Gas central heating, double glazed, allocated parking, Internal viewing highly recommended. EPC Band D



Watersedge, Haverhill £650pcm

Good size, one bedroom first floor flat on the popular Watersedge development; close to the town centre and local ***Auto-secure user expirement; close to the town centre and local amenities. Modern kitchen, neutrally decorated and carpeted. Allocated parking, electric heating; no pets allowed. EPC Band: C



SHOP/RETAIL UNIT TO LET - Ground floor shop/retail unit (A1) other uses considered but subject to change of use & consent. Approx 330 sq ft, glazed front aspect windows. Located near the market square, Saffron Walden. Shared WC and kitchenette facilities. Available from



Chauntry Mills, Haverhill £459pcm

2nd floor self contained office, Central town centre location, Approx communal lift, one allocated parking space. All rates & services included in rental figure. Lease offered for 3 years with a break clause at 18 months. £100 tenant contribution towards lease legal fees.

Non optional fees are always the same and apply to each tenant equal to £90 inclusive VAT







Feature homes

Lundy Close: £369,950



THIS extended, detached three to four bedroom house in Lundy Close, on the popular Wilsey development, is on the market for £269,950.

It has accommodation including a kitchen/diner, a lounge, a conservatory, a further reception room that could serve as a

downstairs bedroom and a wet

Upstairs there are three bedrooms and a family bathroom.
Outside there is a rear garden, a garage and a driveway.
For more details contact Samuel's Independent Estate Agents on (01440) 708100.



Property news

New agency for Haverhill

N Monday, September 5, Bourne Estates opened up in Haverhill High Street. Ashley Green, owner of the business, aims to give peace of mind to his clients offering the benefit of many years of experience and tailoring a service to everyone who sells their property through Bourne Fstates.

Estates.
Ashley, who also has an established branch in Saffron Walden, said that the new office in Haverhill has been received well by the people of the town who had been popping in to wish the staff luck and to enquire about buying and selling property.

Ashley and his staff are already finding that the new office is getting busier with people wanting valuations and looking for property to buy. The staff say that they are looking forward to working with the people of the town and also the surrounding villages.

villages.
For a free, no-obligation
market appraisal or to discuss
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calling in to the office at 6 High
Street, Haverhill, calling (01440)
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STOCKLEY CLOSE

A well presented three bedroom link detached family home located within popular residential cul de sac with East facing garden.

- Excellent Position
- Well Presented
- Privacy To Rear Garden
- · 750sq ft Spread Over Two Floors
 - Modern Bathroom Fittings
 - EPC Grade C

£269,950



BRYONY CLOSE

An individualy designed and constructed, modern detached house occupying a sought after cul de sac position on the Cambridge

side of Town.

- · Recently Updated
 - 22ft Lounge
- Refitted Kitchen
- Four Double Bedrooms
- Extra Bedroom / Study
 - EPC Grade C



HELIONS PARK AVENUE

A well positioned and centrally located within a highly fashionable area close to the town centre, this semi detached family home has a 75ft rear garden as well as connecting outbuildings and off road parking for at least two vehicles.

- Three Bedrooms
- Utillity Room
- Cloakroom Shower Room
- Re-Fitted Kitchen
 E.P.C Grade D

£275,000











OLD ROPE WALK

A beautifully presented and updated two bedroom semi detached property, with a generous rear garden and driveway to side, located at the end of the cul de sac on the fringes of the town

- Modern Fitted Kitchen
 - · Two Bedrooms
- Low Maintenance Front Garden
 - Parking For Two Vehicles
 - · Replacement Bathrooms

• EPC Grade D £198,500



DUDDERY ROAD

A Victorian terraced cottage located in the town centre and offered with vacant possession and requiring some general redecoration

- Three Bedrooms
- Two Reception Rooms
- · Re-Fitted Kitchen
 - Wet Room
- Permit Parking
- Awaiting E.P.C

Offers in the region of: £159,995









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WHEPSTEAD

A substantial parcel of land amounting to a little over half an acre, well sited within this extremely popular village just over 4 miles from Bury St Edmunds and 15 miles from Haverhill.



OLD ROPE WALK

A two bedroom terraced property, offered to investment purchasers only, and situated in the corner of a small cul de sac in a non estate

location

- · Lounge Diner
- Dining Room
- Garden To The Rear
- Residents Parking
- Gas Fired Central Heating
 - EPC Grade C £179,950



LITTLE WRATTING

A spacious individual detached house occupying a splendid semi rural position adjoining open fields to the rear and enjoying superb open views to the front, generally requiring updating. The property has UPVC double glazing and oil fired radiator central heating

- Three Double Bedrooms
- Study / Bedroom Four Utility Room
- Double Garage
- Wet Room Awaiting E.P.C













DUDDERY ROAD

A versatile cottage located in the town centre, which has extended accommodation as well as two basement rooms and further attic oom, making the property larger than usually seen of this style

- Large Lounge / Dining Room
- Conveniently Placed Within The Town Centre
 - With The Benefit Of Gas Radiator Central Heating
 - Two Basement Rooms
 - Attic Room To The Second Floor

• EPC Grade D £171,950



BELLINGS ROAD

A recently refurbished terraced townhouse which has undergone complete and extensive renovation. Located on the Meadowlands development on the Cambridge side of Haverhill and offered with no

onward chain

- Gas Central Heating
- Double Glazing
- Kitchen / Diner
- Dressing Area To Master · Ensuite Shower Room
- Awaiting EPC

£250,000







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RIDGEWELL £575,000

This lovely family home also offers 5/6 reception rooms, one being a beautiful and stunning conservatory plus a large games/snooker room. Other benefits include: double glazing, brick built fireplace to the lounge, ensuite and dressing room, luxury family bathroom, and a totally separate self contained Annexe. Outside offers ample parking to the front and an enclosed rear garden siding on to open farmland. Sole Agent.







STRADISHALL, NEWMARKET £775,000

We are pleased to be able to offer for sale this lovely eight bedroomed detached residence, which is set within a lovely and peaceful location within Stradishall. The location is perfect for Cambridge, Newmarket, the A11 (M11) and A14. The property boasts so much charm and character there is too much to list, so an internal viewing is a must. Outside the grounds extend to appx 3 acres, they are secluded and private, ideal for those Summer months for family entertaining by the heated Swimming Pool. A huge property with so much to offer. Sole Agent.

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SAMUEL'S

Established 1998



Helions Park Avenue

Extremely well presented semi detached family house situated in a popular close to town location. The property offers lounge, dining room, g/f cloakroom, re-fitted kitchen, three bedrooms, re-fitted family bathroom, generous size rear garden and off road parking. Viewing highly recommended.

EPC rating: E, 50

£275,000









Family house situated on the popular Hanchett Village development on the Cambridge side of own. The property offers re-fitted kitchen, ground floor cloakroom, lounge/diner, conservatory, three is, shower room, side and rear gardens and garage & driveway, EPC rating: D. 66









Drury Lane, Ridgewell CO9 4SJ. Two bedroom

character property offering vaulted ceilings, an open fireplace and off road parking for two

vehicles. EPC Rating: F, 24



Well presented family

Falcon Close

house situated on the popular Birds development offering lounge, kitchen, ground floor shower room/cloakroom, conservatory/dining room, three bedrooms, family bathroom and front & rear gardens.

£193,000

SAMUEL'S

Established 1998



Well presented end of terrace family house situated on the Clements development. The property offers lounge with log burner, re-fitted kitchen / diner, utility area, three bedrooms, re-fitted family bathroom with separate WC and an enclosed rear garden. Viewing highly recommended.





Victorian terraced property situated in a popular close to town location and offering lounge, dining room kitchen, two bedrooms, bathroom, enclosed rear garden and gas fired central heating to radiators. Ideal for first time buyers or investment purchasers. EPC Rating: E, 50





Well presented terraced house situated in a popular residential location. The property offers lounge, kitchen/diner, conservatory, two bedrooms, re-fitted bathroom, front & rear gardens and allocated parking. Ideal for first time buyers or investment purchasers.



£189,995







Chaplains Close

Well presented family house situated on the popular Hales Barn development. The property offers lounge/dining room, ground floor cloakroom, re-fitted kitchen, three bedrooms, re-fitted family bathroom, front & rear gardens and garage to rear.

EPC rating: D, 63

£250,000



Well presented end of terrace property situated on the popular Cambridge side of town. The property offers lounge/diner, kitchen, conservatory, two bedrooms, bathroom, front & rear gardens and a garage and driveway to the side of the property.

EPC rating: D, 63



SAMUEL'S

Established 1998







Horsham Close

Well presented terraced property situated on the popular Cambridge side of town. The property offers kitchen, lounge/diner, two bedrooms, refitted shower room, enclosed rear garden, UPVC double glazing and gas fired central heating. Viewing highly recommended.

£204,950

NO ONWARD



Much improved and well presented Victorian terraced cottage situated close to the town centre. The property offers; lounge, kitchen/dining room, cellar, two bedrooms, bathroom and an enclosed rear garden. Viewing highly recommended.

EPC rating: C, 70





Semi detached house situated on the popular Hanchett Village development. The property offers lounge, kitchen, ground floor cloakroom, three bedrooms, wet room, enclosed rear earden and a

EPC rating: D, 59

single garage and driveway to the rear









Mount Terrace, Duddery Road

Well presented modern end of terrace property situated close to the town centre. The property offers; lounge/diner, kitchen, ground floor cloakroom, two bedrooms, family bathroom, front & rear gardens and off road parking. Ideal for first time byers or investment purchasers.

EPC rating: C, 75

£190,000



Newly renovated flat situated in the town centre offering spacious accommodation to include open plan lounge/diner/kitchen with integrated appliances, two double bedrooms and bathroom. No smokers or pets. Housing benefit not accepted. Available now.



Well presented semi detached house offering lounge, dining room, re-fittee kitchen, utility room, gf cloakroom, three bedrooms, re-fitted bathroom, enclosed rear garden, garage & driveway. No smokers or pets. Housing benefit not accepted. Available November 2016. EPC rating: D, 58



Detached family house situated in a popular village location. The property offers Jounge, dining room, kitchen, gf cloakroom, bathshowe room, garage & driveway and rear garden. Available late September. No smokers. Housing benefit not accepted. EPC rating: F, 32





Haverhill

Haverhill

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UNRIVALLED COVERAGE AROUND HAVERHILL













Guide Price £207,950

An extremely generous three bedroom family house located on the popular lower Birdlands development. The property enjoys a private rear garden, spacious kitchen/ dining room and a single garage and drive.

Haverhill

A pleasant three bedroom semi detached property situated on the recent Tudor Croft development which is within close proximity to the town centre and its amenities. The property also benefits from a WC, kitchen/dining room, master bedroom with en-suite facilities and carport providing off road parking. (EPC Rating B).







Guide Price £249,950

A beautifully presented and modernised three bedroom house located in a pleasant residential area on the Cambridge side of town. The property enjoys an attractive fitted kitchen/dining room leading into a spacious conservatory. Outside is a single garage with a long drive and private rear garden.







Guide Price £174,950 Haverhill

A two bedroom mid terrace property situated in a popular residential cul de sac and benefiting from gas central heating, lounge / diner, pleasant rear garden and two allocated parking spaces. The property would make an ideal first time or investment property. Offered for sale with no onward chain. (EPC Rating)







Guide Price £289,950

An extremely well presented and spacious four bedroom townhouse situated on the popular Hanchett Rise development. The property benefits from versatile accommodation, generous master bedroom with en-suite shower room, study / dressing room, single garage and parking. (EPC Rating).







Haverhill

Guide Price £135,000

An ideal investment opportunity to purchase this one bedroom second floor apartment situated on the Cambridge side of town with tenants in situ currently paying £595 PCM. The property also benefits from open plan living accommodation, fitted bathroom suite, one allocated parking space and overlooks a green. (EPC Rating B).















Sturmer £1,125,000

A small residential farm with a well maintained 4 bedroom period farmhouse set in delightful mature grounds together with a substantial traditional style barn, productive farmland and meadow extending in total to around 17 acres. The barn provides an opportunity for conversion to either a residential or commercial/business use, and is ideally suited for additional accommodation or offices/storage in conjunction with the farmhouse. A planning application has been submitted for residential conversion of the barn. FOR SALE AS A WHOLE OR IN 3 LOTS. Contact Cambridge Rural Department on 01223 213777 for further information.









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UNRIVALLED COVERAGE AROUND HAVERHILL











Kedington

Guide Price £550,000

Little Wratting Guide Price £750,000

A truly stunning four bedroom family home with an overwhelming charm finished to extremely high standard. The property enjoys a quite magnificent vaulted, modern kitchen/ breakfast room cleverly blended with a wealth of character most notably the sitting room with an inglenook fireplace. A viewing is highly advisable to truly appreciate the property.

A substantial, individual, detached family residences offering all accommodation of approximately 3987.2 sq ft. Of particular note is the stunning indoor Natatorium housing a swimming pool, Jacuzzi and Sauna.













Kedington

Guide Price £460,000

Withersfield Guide Price £280,000

An attractive three bedroom detached cottage situated in a well regarded village and boasts many period features including a beautiful Inglenook fireplace and exposed timbers. The property also benefits from three reception rooms, utility room, beautiful cottage style garden and off road parking. (EPC Rating).

A charming Grade II listed cottage boasting a wealth of period features located in the well regarded village of Withersfield and in brief benefiting from two bedrooms, allocated parking for three vehicles and private gardens.









Guide Price £255,000 Haverhill

In this small development of three properties is this midterrace spacious three bedroom house with parking. The property enjoys a generous-sized sitting/dining room, attractive kitchen/breakfast room, downstairs WC and private rear garden.







Haverhill Offers in excess of £390,000

An attractive and beautifully presented family home located on the highly regarded Hanchett Manor development. The property has been extended to provide a stunning master bedroom with en suite and a double garage.



Sturmer





Guide Price £425,000 Sturmer

PLOT 9





Guide Price £500,000

A deceptively spacious detached family house offering three double bedrooms, the A rather striking four bedroom detached family home which will enjoy a stunning property will enjoys a stunning open plan living space comprising a contemporary kitchen/dining room with bi-folding doors leading to the rear garden. The ground floor fitted kitchen with the added benefit of utility room. will also benefit from a sitting room and study whilst the first floor will boast a lovely galleried landing.



Guide Price £184,950 Haverhill

A spacious three bedroom family house nicely situated overlooking a green area. The property benefits from an attractive fitted kitchen and also enjoys the addition of a conservatory.



Haverhill

A conveniently located two bedroom property situated within close proximity to the town centre and benefiting from sitting room, dining area, re-fitted kitchen and pleasant rear garden. Offered for sale with no onward chain. (EPC Rating D).



Haverhill Offers In Excess Of £150,000

A nicely presented two bedroom period property situated within close proximity to the town centre and its amenities. The property enjoys open plan living accommodation, re-fitted shower room, attractive kitchen and also has several individual features including spiral staircase and vaulted ceiling. (EPC Rating D).

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UNRIVALLED COVERAGE AROUND HAVERHILL











Haverhill Guide Price £269,950

An extended and beautifully presented two bedroom detached bungalow situated within a popular residential cul de sac on the Wilsey development. The property benefits from many fine features including an attractive kitchen / dining room with vaulted ceiling, pleasant rear garden, single garage and generous driveway. Offered for sale with no onward chain. (EPC Rating).

Haverhill

A beautifully presented Victorian property offering a wealth of period features occupying a pleasant position overlooking the Recreation ground. The property in brief benefits from sitting room, dining room, re-fitted kitchen and generous rear garden. (EPC Rating).



Haverhill Guide Price £170,000

An ideal investment opportunity to purchase this three bedroom end of terrace property with tenants in situ located on the Clements development. The property offers spacious living accommodation and also benefits from kitchen/dining room and low maintenance rear garden. (EPC Rating E).



Haverhill

Guide Price £189.950

A well-appointed and spacious Victorian townhouse, conveniently located within easy walking distance of the town centre and its amenities and is offered for sale with no onward chain. (EPC Rating E).



Offers In Excess Of £170,000

A nicely presented and spacious three bedroom family home located towards the edge of the Clements development. The property benefits from an attractive fitted kitchen, separate utility room and a pleasant rear garden.







Guide Price £214,950





A conveniently located three bedroom end of terrace property situated in a popular cul de sac within close proximity to the town centre and its amenities. The property in brief benefits from lounge/diner, pleasant rear garden and two allocated parking spaces. Offered for sale with no onward chain. (EPC Rating F).

Haverhill

Guide Price £189,995

An extended and beautifully presented three bedroom property situated on the popular Parkway development fronting on to open green space. The property enjoys an open plan kitchen / dining area, sitting room and pleasant rear garden. Offered for sale with no onward chain. (EPC Rating).



Haverhill







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UNRIVALLED COVERAGE AROUND HAVERHILL







£950 PCM













Haverhill

A beautifully presented three bedroom detached house, in close proximity to East Town Park. The property benefits from a garage and driveway, rear garden, conservatory, and downstairs WC. Available October. Regret no pets







Cardinals Green

A wonderfully located detached character cottage with large garden and open views. Kitchen, dining room, sitting room, high quality conservatory, porch, two bedrooms, first floor bathroom, garage and beautiful gardens. Available mid- to late September 2016 for short term let of 6 months.







Haverhill £850

An attractive three storey Victorian town house located close to the town centre. The property is well presented throughout and benefits from fitted kitchen, utility room, three bedrooms, and courtyard garden. Available Now.

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HAVERHILL £195,000

SSTC

KEDINGTON £255,000

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HAVERHILL £145,000

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SOLD SUBJECT TO CONTRACT SIMILAR PROPERTIES URGENTLY REQUIRED

HAVERHILL £277,500

SSTC



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HAVERHILL £277,000

SSTC



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BIRDBROOK £299,750



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HAVERHILL £295.000

SSTC

HAVERHILL £320,000

SSTC

HAVERHILL £350,000

SSTC

KEDINGTON £275,000

SSTC

SSTC



SOLD SUBJECT TO CONTRACT WITHIN 24 HOURS ILAR PROPERTIES URGENTLY REQUIRED

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HAVERHILL NEWMARKET CAMBRIDGE BURWELL BURY ST EDMUNDS DOWNHAM MARKET











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HAVERHILL £385,000









Occupying a prominent corner plot is this nicely presented executive style four bedroom detached family home (The Severn Design) located on the popular the Cambridge Side of town. Double garage, ample parking and a rear garden. Viewing is highly recommended.

HAVERHILL £245,000









A great opportunity to purchase this well presented three bedroom link semi-detached family home. Accommodation to include a kitchen, lounge/diner, GF WC, three bedrooms, with en-suite to master and a family bathroom. Garage, drive and gardens. Viewing recommended.

NOW

HAVERHILL £850 pcm

NOW

HAVERHILL £700 pcm

NOW LET



NOW LET SIMILAR PROPERTIES REQUIREDNOW

HAVERHILL £875 pcm



NOW LET SIMILAR PROPERTIES REQUIRED

HAVERHILL £825 pcm

NEW



We are pleased to offer for rent this end of terrace family home located within walking distance of the town centre. Available the 22nd October 2016

HAVERHILL £875 PCM

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> NOW LET



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HAVERHILL 800 pcm

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HAVERHILL £1,200 pc



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HAVERHILL NEWMARKET CAMBRIDGE BURWELL BURY ST EDMUNDS DOWNHAM MARKET

KevinHenry

Haverhill





Guide Price £340,000

- Beautifully presented family home
- Cambridge side of town
- Re-fitted kitchen/diner
- Spacious lounge
- Cloakroom & en-suite
- Four bedrooms
- Family bathroom
- Generous sized garden
- Detached garage and stacks of off road





Three bedroom modern 'cottage style' family home Lounge with open fire Kitchen and separate dining room Cloakroom and en-suite
 Detached garage with electric door
 No onward chain



KEDINGTON

Offers Over £350,000

- 5 Bedroom detached Chalet Ground floor bedroom & Bathroom Four bedroom with 2 en-suites
 - Spacious Lounge & dining room
 Kitchen and utility room
 Attached garage & gardens



HAVERHILL

Guide Price £249,950

- Three Bedrooms
- Master With En Suite
- Kitchen / Dining room
- Conservatory
- Sitting Room
- Downstairs WC
- · Garage and stacks of parking



- Kitchen/diner Lounge with doors to garden Ground floor bathroom and wc
- Three bedroomsShower room



HAVERHILL

UnfurnishedRent includes Gardener3 double bedrooms

- £1200 PCM
- Large living room
 Good sized kitchen / dining room
 Solar panel subsidised electricity



KEDINGTON

- Guide Price £229,950
- Kitchen/breakfast room
 Light and bright lounge
 Two double bedrooms
- Family bathroom
 Recently landscaped courtyard garden
 No onward chain



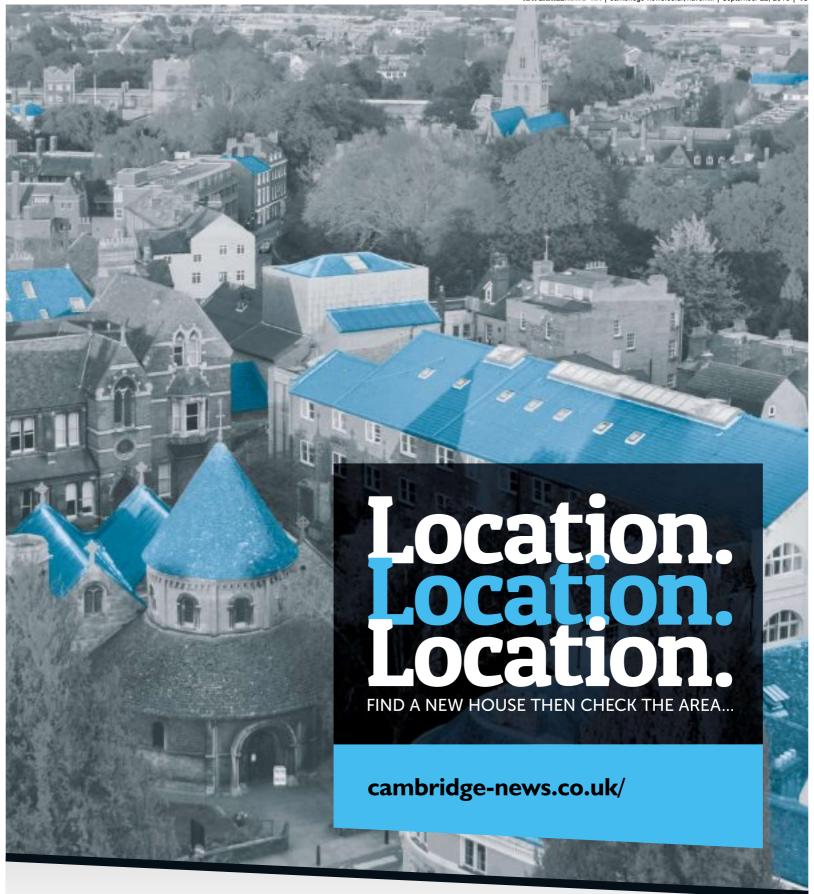
O.I.E.O £350,000

- Recently constructedFronting a lovely green22' Lounge
- Spacious kitchen/diner
 Four bedrooms with en-suite
 Detached garage and driveway









YOUR LOCAL PROPERTY EXPERTS





STYLISH: The Swift Boluse

Luxury motorhomes roll in for exhibition

THE latest on the motorhome scene will be on show when one of Europe's largest leisure exhibitions opens at the NEC in Birmingham on October 11.

Top brands, including Elddis, Adria and Swift will be displaying some of the most advanced recreational vehicles currently available.

And one of the stars at this year's Motorhome & Caravan Show will be the super-luxurious Morelo Empire Liner which will be making its UK debut.

Costing more than £350,000, the giant motorhome is made to measure and can be specified in body lengths ranging from 8.5 to

11.5 metres. This year's six-day Motorhome & Caravan show opens on October 11. Tickets are £8.50 for adults and children go free.

Skoda Octavia is 20 years old

WO decades ago Skoda was the butt of many jokes but now it is regarded as one of the top marques in VW's range and its products regularly scoop top awards. And one of its biggest successes has

been the Octavia.

In September, 1996, former Czech President Vaclav Havel gave the starting signal for the production of the Octavia at a newly-opened part of the plant at the company's headquarters in Mlada Boleslav close to Prague.

Since then more than five million Skoda Octavias have left the production halls.

In addition to the main plant in the Czech Republic the compact motor is now manufactured at the Skoda plants in China, India, Russia and

Kazakhstan.
The development of the completely new Octavia model series began in 1992, approximately one year after the traditional Czech brand joined the Volkswagen Group and was based on a group platform which



EVOLVED: The Octavia has moved on over the last 20 years

was completely new at the time.

In 1996 - the first sales year customers could choose from two four-cylinder petrol engines or a turbodiesel drivetrain, but in 1998 the Octavia Combi extended the model range and from 1999 the estate version was also available with all-wheel drive.

The second-generation Octavia continued the success story of its predecessor and between 2004 and 2013 1.6 million customers opted for the saloon, 900,000 buyers chose the estate version.

Third generation of the Octavia has been in production since November

New Alfa Mito hits the roads



FRESH: The new look Alfa Romeo Mito

THE revised Alfa Romeo Mito has gone on sale in the UK priced from £12,960 and boasting a fresh look to emulate the style and attitude of the all-new Alfa Romeo Giulia.

The styling has been revised with new sports grilles, dark-finish headlamp bezels, revised rear bumper designs and new alloy wheels.

Inside, all models get new upgraded seat upholsteries, Uconnect Live services and a new finish on the centre console, dashboard and door trims.

Standard kit includes 16-inch alloy wheels, satin chrome-effect exterior detailing, air-con, Alfa DNA driving mode selector, a rear spoiler and a Uconnect 5-inch touchscreen with Bluetooth.

Engine choices include the 78bhp 1.4-litre petrol at £12,960, 875cc Turbo Petrol TwinAir 105bhp at £14,660 and the 1.3 JTDM-2 95bhp diesel variant at

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Kia Sorento 2.2 CRDi 7 Seat KX-1

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- DAB radio
- Towing Capacity 2500kg

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177 - 86g/Km. MPG figures are official EU test figures for comparative purposes and may not reflect real driving results. Models shown: All-New Kia Sportage '1' 1.6 GDi 130bhp 6-speed manual at £17,760 P11D and 28% BIK. '23% BIK applies to all 1.7 CRDi 114bhp 6-speed manual ISG models; Kia Sorento 'KX-1' 2.2 CRDi 197bhp 6-speed manual ISG 7-seat at £28,595 P11D and 29% BIK. 'Care-3 is the Kia Servicing Package that covers your first three services. T&Cs apply. Prices and specification correct at time of going to press. For Business Users only. 7 year / 100,000 mile manufacturer's warranty. Visit kia.co.uk for full warranty terms and exclusions.

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Wheels

Testing times for the Land Rover Discovery

ORE images of the new Land Rover Discovery undergoing testing have been released prior to the world premiere of the fifth generation SUV at the Paris Motor Show, which runs from October 1-16.

The vehicle has undergone some 28 months of trials in 20 countries across the globe, including endurance tests across the deserts of Dubai in temperatures of plus 40 degrees Celsius and in sub-zero conditions in the north of Sweden.

It has also been put through its paces at altitude in the Colorado mountains.

Land Rover says it has built 294 development vehicles to prove the new Discovery and carried out more than 35,000 individual component tests. The new model is the first Land

The new model is the first Land Rover to undergo a full programme of virtual testing prior to the physical testing process, delivering robust quality and durability before any prototypes are built.

Exact details of the latest Discovery are still being kept under wraps although Land Rover is already describing it as the "ultimate family SUV". During the development of the new seven-seat Disco the

During the development of the new seven-seat Disco the company's engineers were tasked with involving their children in the design process and take on board their demands.

The youngsters also came up with the final camouflage design to keep the model's final design a secret.

Alex Heslop, Land Rover's chief engineer for the new Discovery, said: "Being able to get the children involved in our final camouflage design brought a smile to all our faces. They don't always realise it, but these kids have played a major role in developing the New Discovery.

"There is no better insight into the needs of the modern family than the first-hand experience we glean at home. That's why we have up to nine USB ports to charge everyone's devices, why we've got space to hide four iPads away securely and why every seat has been designed to be the best seat in the house."

The new model, which will be revealed at the Paris show on September 29, also features a system that allows owners to configure their vehicle seating through the InControl Remote app on their smartphone from anywhere.

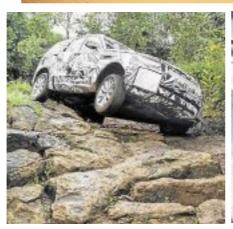
Land Rover is claiming the so-called Intelligent Seat Fold Technology as a world-first and it enables the two rear rows of seats to be fully reconfigured in as little as 14 seconds via the app downloaded on any iOS or Android operating system.

Android operating system.

Tickets for the shoe are available at mondial-automobile.com/en/











ICONIC: The Bullitt star

Mustang tops film charts for Ford fans

THE Mustang GT 390 from the movie *Bullitt* has been named the all-time star Ford of the silver screen

Organisers of FordFest, at Santa Pod in Bedfordshire this weekend, ran a public survey to find out which of the famous Fords of film and TV resonates most with the British public. And star of the show will be

And star of the show will be a replica of the iconic Bullitt Mustang itself, alongside its Dodge Charger nemesis. Hot on its heels were detectives

Hot on its heels were detectives Regan and Carter in the Consul 3000 GT made famous by 70s cop drama *The Sweeney* while fellow 1970s law enforcers Bodie and Doyle, *The Professionals*, were in hot pursuit in the series' silver Capri 3.0S.

Police officers from both sides

Police officers from both sides of the Atlantic completed the top five, with DI Gene Hunt's Mk 3 Cortina from *Life on Mars* in fourth spot and US crime enforcement duo *Starsky and Hutch* in their red and white Gran Torino filling the next two positions.



LIGHT: In weight rather than pocket

Audi TT RS is ready to roll for a cool £51k

THE new 400PS Audi TT RS will cost from £51,800 when the order book opens later this month.

Available as before in Coupé and Roadster form, it is the most powerful series production TT to date and brings the option of new Audi Matrix OLED lighting technology on stream for the first

Lighter than its predecessor by 26kg, thanks in part to an aluminium crankcase, the newly developed five-cylinder, 2.5-litre TFSI engine with dual injection and Audi Valvelift technology brings a 17 per cent increase in performance in the latest model.

Headline figures are 0-62mph in just 3.7 seconds (Roadster 3.9 seconds) on the way to a governed top speed of 155mph.

But that maximum can be raised to 174mph if the optional Dynamic Package Plus, which also includes a sports exhaust system, is specified

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WIN tickets to Cambridge Art Fair

Cambridge Art Fair is back for a fourth year and it's even better than ever! Running from September 30 to October 2 at the city's Guildhall, this year's fair will showcase a vast range of artwork, spanning paintings, original prints and sculptures, dating from the 20th century to the present day. More than 30 dealers and galleries from across the UK and wider world are taking a stand at the show, which means visitors will be able to see - and buy - in the region of 1,000 individual works. Alongside the modern masters, you'll find little known names from overseas and famous contemporary faces (Fred Ingrams, Sir Peter Blake, Maggi Hambling).

To celebrate the event's return Cambridge News has teamed up with the fair's organisers to give away 100 pairs of tickets, each pair worth £10. So whether you're a seasoned collector or thinking about investing in your first original piece – or you just want to see the once-in-a- lifetime show for yourself - email your name, address and contact number to editorial@ cambridge-magazines.co.uk, typing "Art Fair tickets" in the subject box. Entries should arrive no later than September 25 and the usual terms and conditions apply; if you don't want your details used by Cambridge Newspapers, add "NO CONTACT".





WEEKLY NEWS

Escorted Holidays



Austrian Tyrol & Lake Garda

Flying direct from Norwich, departing 25 June & 1 October 2017

Combining sun-kissed shores and alpine glories, this twocentre escorted tour is a picture-postcard-perfect 'lakes and mountains' holiday choice.

Experience the delights of two hugely popular holiday destinations, as you journey first to the sun-kissed, almost 'Mediterranean' shores of Italy's largest and most famous lake, its blue waters framed by citrus and olive groves backed by distant peaks, then head into the scenic Austrian Tyrol, a land of green pastures, towering mountains and flower-decked villages. A trio of included excursions features a lake tour, Olympic city Innsbruck and Mozart's glorious birthplace, exquisite Salzburg.

Tour highlights

- · Spend three nights close to idyllic Garda's shores
- · Enjoy a full-day tour of the lake and its glories
- · A scenic journey brings you into the beautiful Austrian Tyrol
- · Spend four nights in delightful Fügen, in the sunny Zillertal valley
- Explore glorious Innsbruck, Imperial Tyrolean capital
- Soak up the charm and elegance of 'Sound of Music' city Salzburg
- · Fully escorted by a friendly, experienced tour manager
- · Seven nights' three-star half-board touring hotel accommodation, return flights from Norwich and transfers



Lake Garda

Flying direct from Norwich Departing 18, 25 June & 1 October 2017

This is a wonderful opportunity to enjoy a stay on the sun-blessed shores of Italy's largest and most spectacular lake. Its clear blue waters, backed by the wooded slopes of craggy mountains, are fringed by stylish, elegant resorts, completing the perfect picturepostcard scene that has drawn visitors for the last hundred years.

Tour highlights

- Seven nights' bed and breakfast accommodation at the Hotel Modena, Malcesine – a range of 18 other hotels in four resorts are available at a supplement
- Return flights to Italy from Norwich
- Return airport-to-hotel transfers
- The services of a friendly, experienced resort based manager



Sorrento & the Bay of Naples

Flying direct from Norwich Departing 10 June & 16 September 2017

'Built between the sky and the sea' and looking out over blue waters, Sorrento is one of the Mediterranean's greatest treasures. If anywhere might justifiably be described as 'holiday heaven', this exquisite corner of Italy, a long-time favourite of Newmarket quests, is it.

Our price includes

- Seven nights' half board accommodation at the three-star Hotel Delle Palme in Sant' Agata – a range of of six other hotels in two resorts are available at
- Return flights to Italy from Norwich
- Return airport-to-hotel transfers
- The services of a friendly, experienced resort based manager



Ravello, Positano & the Amalfi Coast

Flying direct from Norwich Departing 10 June & 16 September 2017

The colourful charms and welcoming warmth of some of Southern Italy's most celebrated resorts.

Tour highlights

- Seven nights in a classic Southern Italian resort
- Discover ancient Amalfi and hill-top Ravello
- Catch your breath on the vertiginous Amalfi Drive
- Visit Sorrento, above the blue Bay of Naples
- Wander the startling remains of once-thriving Roman
- Enjoy a memorable boat trip to idyllic Positano
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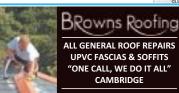
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- Festive meals and entertainment
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WEEKLY NEWS



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Flying from London Heathrow Departing Nov 2016, Jan to Jun, Aug to Oct, Dec 2017, Jan to Jun 2018

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Our price includes

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We are seeking an enthusiastic team-player to join our Progress Coaches to support the academic progression and broader College experience of an assigned group of students, helping them to achieve to their maximum potential. Prior knowledge and experience of working with young people aged 16-18 and excellent interpersonal skills are essential

For further information about these roles and for an application pack, please visit:

To apply, please complete an application form and return to: hr@longroad.ac.uk

Closing date: Tuesday, 27 September 2016. Interview date: w/c 3 October 2016.

Long Road Sixth Form College is committed to the promotion of equality and the elimination of discrimination. We welcome applications from all members of the community. The College holds Investors in People and Positive About Disabled People status.

www.longroad.ac.uk



PLUMBING AND HEATING ENGINEER

Salary: Between £22,815-£25,115 p.a.

To undertake a range of maintenance, plumbing/heating tasks, and carry out improvement installations.

The successful candidate will have a recognised vocational qualification (such as City and Guilds or NVQ) and experience, together with a domestic gas qualification such as Gas Safe or equivalent.

The closing date for applications is 9.00am on Wednesday 5 October 2016.

Further particulars and an application form can be downloaded from the recruitment@joh.cam.ac.uk or telephoning 01223 338794.

St Faith's Science Teacher and

Class Tutor From January 2016

We seek to appoint an outstanding teacher of Science with a strong commitment to teaching with rigour, innovation and enthusiasm. Applications are welcomed from suitably qualified candidates who are willing to make a significant contribution to the life of this busy, exciting and successful school, both within and beyond the Science Department. The person appointed will also be responsible for the pastoral care of a class in the upper section of the school.

Further information and an online application form are available on the School website www.stfaiths.co.uk (please click News then Vacancies).

The closing date for applications is 3rd October 2016.

St Faith's is the largest Preparatory School in Cambridge and is located in nine acres of grounds less than one mile from the city centre. Facilities are extensive, class sizes are small and the staff team are very supportive. Most importantly, the school has a justifiable reputation for the excellent care and



a jusuilaure reputation for the excellent care and support it provides to its pupils and staff.

St Faith's is committed to safeguarding and promoting the welfare of children. An enhanced DBS check and references will be required.



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WEEKLY NEWS



of Heligan

Our price includes

· A visit to Wells

· Eden Project admission

Park and over Bodmin Moor

· Coach travel from the local area

Escorted by a friendly tour manager

A fabulous horticultural treat!

Departing 19 May & 8 September 2017

· Entrance to the Lost Gardens of Heligan

This hugely popular break combines visits to the

ever-changing Eden Project with the Lost Gardens

· Scenic coach journeys through Dartmoor National

· Three nights' half-board hotel accommodation

in the Torquay area, including entertainment on



Portmeirion & Welsh **Mountain Steam**

Departing 5 May, 30 June & 6 October 2017

Explore the amazing Italianate village of Portmeirion and enjoy two memorable railway journeys, which take you 'coast to coast' from Llandudno through Snowdonia to Porthmadog, including a journey on the famous Ffestiniog Railway. There's also the chance to journey on the recently restored Welsh Highland Railway.

Our price includes

- · Return coach travel
- · Three nights' dinner, bed and English breakfast accommodation at the Westminster Hotel, Rhyl
- · Entrance to Portmeirion
- · Single journeys on the Conwy Valley and Ffestiniog Railways
- · The services of a tour manager



Lindisfarne & The Alnwick Garden

Explore the beautiful kingdom of Northumbria! Departing 23 June & 29 September 2017

This wonderful break includes a visit to the Duchess of Northumberland's delightfully restored Alnwick Garden, with its Grand Cascade, Poison Garden and extraordinary Tree House, as well as a journey along Northumbria's stunning Heritage Coastline, the highlight of which is mystical Lindisfarne, the Holy Island Cradle of English Christianity.

Our price includes

- · Return coach travel
- · Three nights' dinner, bed and English breakfast accommodation at the three-star Holiday Inn Washington
- · Entrance to The Alnwick Garden
- · Visits to York, Bamburgh and Lindisfarne
- The services of a tour manager



Edinburgh Tattoo & **Royal Yacht Britannia**

An unforgettable combination! Departing 4 & 18 August 2017

Explore the award winning Royal Yacht Britannia, as well as enjoying the spectacular Tattoo. A feast of colour music and dance from around the world, the Tattoo is billed as 'the greatest show on earth'.

Highlights & inclusions

- · A visit to Edinburgh and a seat for the Tattoo
- · Entrance to the Royal Yacht Britannia
- Two nights' bed and English breakfast in a good hotel in the Tyneside area
- · Coach travel from the local area
- · Escorted by a friendly tour manager



Emmerdale The Tour

Not-to-be-missed break Departing 30 October 2016

Don't miss this opportunity to visit the live working TV set of the multi award winning ITV soap. See where & hear how, some of the most iconic and memorable moments from the series were filmed, plus lots more. This really is a must-see for all . Emmerdale fans!

Our price includes

- A visit to Emmerdale The Tour including a 90 minute outdoor guided walking tour
- A visit to Esholt the original 'Emmerdale village' including a stop at the famous 'Woolpack' pub
- A visit to Otley 'Hotton'
- One night's three-star standard half-board hotel accommodation in the Leeds/Bradford area
- Coach travel from the local area
- Escorted by a friendly tour manager rdale TM & © ITV Studios Ltd 2015. Licensed ITV Broadcasting Limited. All rights



Bletchley Park - the Secrets of War

Departing 10 June & 15 September 2017

Clandestine operations, Enigma Machines and tales of spies and deception are brought to life on this fascinating visit to Bletchley Park, site of secret code-breaking activities and of Churchill's 'Silent Geese' whose mathematical genius hastened the end of WW2. An intriguing insight into the 'secrets

Our price includes

- · Visits to Oxford and Bletchley Park
- · One night's three-star dinner, bed and English breakfast hotel accommodation within an hour's drive of Bletchley Park
- · Coach travel throughout
- · Escorted by a friendly tour manager



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HAVERHILL SPORT

cambridge-news.co.uk/sport

Lacklustre Borough defeated at Holland

Football

HAVERHILL Borough put in a lacklustre performance as they suffered a 3-0 defeat at Holland in the Thurlow Nunn League, First Division.

Holland took the lead after just 15 minutes when Borough defender Bart Pater was caught in possession, allowing Steven Eaton to race through on goal and score.

Borough's best chance came in the 28th minute when Harry O'Connor was fouled on the edge of the penalty area, and from Rory Bone's free kick, Ryan Phillips' stooping header was deflected wide.

Eaton forced Borough keeper Tom Coombe into another fine save as the half drew to a close, and moments later Bone had to clear a goal-bound header off the line following a corner.

Holland continued to pile on the pressure in the second half and they continued to create some good chances.

Terry Rymer's shot from the edge of the penalty area crashed against the Borough crossbar after 51 minutes, as the score remained 1-0.

But just 10 minutes later the home side doubled their advantage.

Joe Martin netted the second goal with a header from a corner, and as the game entered stoppage time, Holland scored a third goal.

Eaton beat the offside trap and then raced through before calmly slotting the ball home past the stranded Coombe.



CLEARING THE DANGER: Casey Phillips heads the ball clear against Holland

Picture: Gary Brown

Runners prevail in epic Norfolk relay

HAVERHILL Running Club members clinched victory in the annual Round Norfolk Relay.

The event involved teams of athletes running 198 miles, separated into 17 stages of different distances in a 24-hour period, passing a baton until the last runner reached home at King's Lynn Leisure Centre's athletics track.

Andy Barber began the race with a 16-mile stint and passed the baton to Yusuf Firat, who had a 14-mile leg.

had a 14-mile leg, Carol Le Roy Tickner, Paul Krouse, Chris Gilbert and Micheal Gilbert tackled the north

Athletics

Norfolk section from Wells next the Sea and Cromer.

They were followed by Bill Banner, who took on a nine-mile stretch, and Ian Elden before Shiv Dockerill and Kelly Mephan took the graveyard shifts.

the graveyard shifts.
Craig Sisson, Paul Sherrit, Bryan Rootes
and Tony Bacon carried the baton through the
remaining stages from Thetford to Downham
Market.

Lee Brown ran the remaining 11 miles to cross the line first for Haverhill.



 $\label{eq:def:Delight: Haverhill Running Club members celebrate relay success} \textbf{DELIGHT: Haverhill Running Club members celebrate relay success}$

Youth football

New club's under-15s team begin with a win

HAVERHILL Town under-15s began their season in the Premier Sock Tape Cambridgeshire & District Colts League, Villa Division with a 3-1 away win against Dynamo

Dynamo.
Competing in their first ever competitive fixture since forming during the summer,
Town took control from the first whistle and never looked troubled throughout the 90 minutes.

Town opened the scoring after just four minutes when a cross from Riley Brown was controlled by Jack Lisher who scored with a half-volley.

a half-volley.
This set the team up nicely for an assured first half where Town should have increased their lead.

The Town defence, expertly marshalled by captain Ben Rogers, dealt with every aerial attack thrown at them.

Town doubled the lead in the second half when Cameron Reid played an inch-perfect pass to set away Tyler Griffin and he lashed the ball into the bottom corner.

Lisher then set up Brown to score the third goal.

Foxton rallied and pulled a goal back 15 minutes from the end. But Town held to claim the victory.





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